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VOLUME 15, NUMBER 81

WEDNESDAY, NOVEMBER 4, 1998

FIFTY CENTS

Police find no drugs in search

By Scott Kelly
Staff writer

Granite City High School is staying drug-free, school officials say, and they intend to keep it that way.

Granite City Police swept the high school on Oct. 23 with the help of the department's two canines, Sparky and Bach. No drugs were found in the routine search.

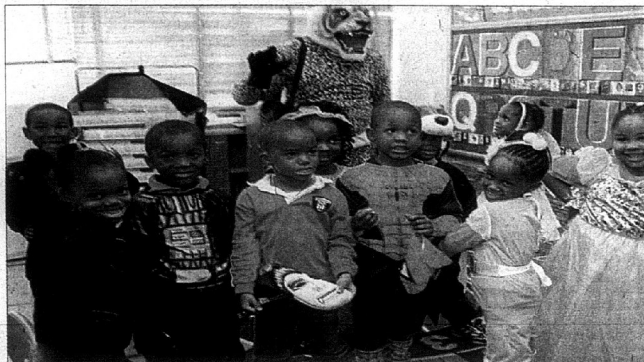
The Granite City School District is in the third year of a zero tolerance policy for any kind of drugs on campus. So far this school year, neither police, school officials or teachers have found drugs in the high school.

Police also brought one of the dogs to the school on Thursday as part of Red Ribbon Week, the annual anti-drug campaign.

Students learned first-hand what happens if a lawbreaker tries to give a dog handler trouble. Assistant Principal Steve Hamilton served as the bad guy in the demonstration. School faculty and staff will continue to work with police to keep the campus safe, said Principal R. William Kotter. The last time drugs were found in the school was last year, he said.

The zero tolerance policy is affecting other aspects of

See POLICE, Page 5A



Tim Stephenson Photo

Costumed in class

Students at Blair Elementary school were allowed to dress up in their Halloween costumes Friday at the school. Above, members of Yolanda Williams' kindergarten class show off their costumes. The school was among many Tri-City area elementary schools that held holiday parades.

Sport may slide into area

Minor league baseball expected in Metro East

By Toby Carrig
Staff writer

The Metro East area apparently will be home to a professional minor league baseball team, beginning in the year 2000. A news conference set for Monday in Fairview Heights will announce the formation of Gateway Baseball LLC, an operating company that will be awarded an expansion entry in the Frontier League of Professional Baseball, sources said Monday. Gateway Baseball, a group of approximately 20 owners with connections in the Metro East, will locate the team in the Metro East and market it to five Illinois counties in the St. Louis region, sources said.

Fairview Heights is being considered as the home for the team, sources said. However, Fairview Heights Mayor Gail Mitchell said Monday he had not heard from anyone affiliated with the ownership group. "I had heard there were some preliminary things going on," Mitchell said. "The concept sounds great. I will certainly look at it."

"Fairview Heights constructed a facility for youth baseball and this past summer hosted the IBC World Baseball Championships."

"I'm a baseball fan," Mitchell said. "I'm very involved with baseball events in Fairview. My theory is that if you give a kid

See MINORS, Page 5A

Blaze destroys downtown store

By Scott Kelly
Staff writer

A Granite City landmark burned to the ground late Monday night.

GRANITE CITY Fire destroyed Jack and Jill's Furniture, 1261 Niedringhaus, and damaged surrounding buildings. No injuries were reported.

The Granite City Fire Department responded at about 8:50 p.m. Monday. When the first fire truck arrived, flames had enveloped the building.

Assistant Fire Chief Jim Brawley said the source of the fire is unknown, but they have a clear picture of what happened.

"My guess is that it smoldered for three to four hours," he said. The fire broke out when it somehow got air.

"It backdrafted and probably exploded," Brawley said. "The heat was pretty intense."

A backdraft is a fire that smolders without actually bursting into flames. It spreads until it runs out of oxygen, and all the while builds up intense heat.

Brawley said. A smoldering fire can break through a wall or break a window.

Once a smoldering fire suddenly gets a new source of oxygen, the high temperature and burning embers in the air have an explosive effect.

"A superheated building will even start to expand like it's breathing," he said. "First, it blows out, then sucks the air back in, then explodes," Brawley said.

Buildings across Niedringhaus testify to the force of the fire. Several windows cracked, and a few signs melted. The heat even melted a keyless entry on one

"(We could only) stand back, throw water on it and protect exposures."

Jim Brawley
Assistant fire chief

The fire department called out a general alarm, receiving assistance from the Melvin Price Support Base Fire Department, which supplied a truck and pumper.

Firefighters could not save the building.

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World War II troopship to pass through locks on Sunday

Bernie Hagnauer has special tie to ship

By Scott Kelly
Staff writer

A World War II veteran will visit the Granite City area on Sunday.

GRANITE CITY Landing Ship Medium 45 will pass through Lock and Dam 27

sometime on Sunday on its way to Omaha.

Bernie Hagnauer, wife of the late Nelson "Nellie" Hagnauer, heads the

committee welcoming the ship to Granite City. She has special ties to the ship because her late husband served aboard a similar ship during the war.

"The LSM Association of Pasadena, Calif., contacted me since he was on an LSM ship," Hagnauer said.

"We're thrilled," she said. "We have a whole bunch of kids and hope it can make it through during the day."

Nellie Hagnauer, the longtime

chairman of the Madison County Board and Granite City Township supervisor before that, served in the Pacific during World War II.

A representative for the Lock and Dam did not have a specific time for the ship's arrival.

"They only call us when they are about an hour out," she said. Approximately 500 of the LSM-type craft were constructed. The LSM began World War II service in October 1941 in the invasion of the Philippines.

Steve Konkovich of Granite City may appear Sunday as Gen. Douglas MacArthur, who commanded the

Leyte landings. Konkovich often dresses as MacArthur at many patriotic parades and gatherings around the city, and he hopes the ship will come during the day.

The ships continued service throughout the war in the Pacific and the occupation that followed. Several models also saw service in Korea and Vietnam.

Veterans groups, including the LSM Association of Pasadena, Calif., raised the funds to bring the LSM from a shipyard in Greece to Omaha and for its restoration.

A Russian tug brought the old warship from Greece in September.

In New Orleans, ownership transferred to the Freedom Park Naval Museum of Omaha, Neb.

Another tug company is bringing LSM 45 up the Mississippi River to Alton.

Blaske Marine of Alton will tow LSM 45 to its final resting place at Freedom Park. It

See SHIP, Page 5A

Granite City Journal

INDEX

Calendar.....	7B	Local news.....	2A
Classifieds.....	8B	Movies.....	6B
Entertainment.....	6B	Obituaries.....	4A
Horoscope.....	6B	Sports.....	1B

fairWeather
Cheryl Prosser, Meteorologist - Director of Weather Operations
5:00 p.m. - 5:30 p.m. on Channel 5 Weather Source Team

Wednesday 49 33 Thursday 49 32 Friday 50 34 Saturday 53 30

MCT boasts more riders, more service

By Scott Cousins
Staff writer

Ridership on buses operated by the Madison County Transit District continues to grow at a steady pace, according to figures released at Thursday's MCT Board meeting.

RideFinders also reports growth here

A total of 1,329,754 people used MCT fixed-route and paratransit services through the end of September, compared to 1,415,813 for all of last year.

"We have more service on the street with the same tax

dollars that we've had in the mid-90s," said MCT Manager Jerry Kane. "There is more service, more riders are using the system, and the system is operated by Madison County residents — overall, the report card is good."

MCT provides two kinds of services. Fixed route services are normal bus routes available to all customers, while paratransit — the district's door-to-door services — are available only to the elderly and disabled.

According to MCT figures, the district's fixed-route services have seen a 31.82 percent increase over last

"Overall, the report card is good."

Jerry Kane
MCT manager

year. As of September, 1.24 million people have traveled on MCT fixed-route buses, compared to 942,659 last year.

Kane said much of that increase is due to the district taking over almost all the fixed routes formerly handled by the Bi-State Development Authority earlier this year.

"Also, we are putting out

See MCT, Page 5A

Irwin Chapel
"thoughtfulness always."
931-8000

Court orders alcohol ban in woman's home

Woman allegedly supplied drinks to youths

By Dennis Grubaugh
and Nicole Vaughn
Staff writers

A Maryville mother accused of supplying alcohol to five youths was admonished not to have liquor in her home pending the outcome of 11 misdemeanor charges against her. Authorities are painting two different pictures of Linda Pomerantz.

She is either a testototaler unaware of a teen drinking binge in her home, or an unthinking mother who bought liquor for a group of 13- and 14-year-olds and encouraged its consumption.

Pomerantz, 46, of the 6200 block of Illinois 162, is accused of buying a combination of vodka, Wild Turkey

whiskey and beer for a group of junior high school students Oct. 23 at her home before dropping them off at Tepee, a teen center in Collinsville, authorities said.

She turned herself in Thursday morning during a brief court appearance before Circuit Judge Edward C. Ferguson. He reduced her bond from \$20,000 to \$3,000, allowing her to post just \$300 to stay out of jail.

The only condition the judge set on the bond was that she not have alcohol in her home. That provision was sought by Susan Jensen, first assistant state's attorney.

Pomerantz is charged with five counts of endangering the health of a child by providing the teens with alcohol; five counts of contributing to the delinquency of a minor by aiding

and encouraging them to drink; and one count of contributing to the neglect of a minor by giving alcohol to her child and putting him in an "injurious environment."

One of the youths drank so much that she required hospitalization and could have died, authorities said. Maryville Police Chief Don Sonnenberg said that four of the youths were dropped off at Pomerantz's home the afternoon of Oct. 23 where they joined her 14-year-old son.

"According to the kids, they went to Linda's house to wait for her to take them to Tepee and for a preplanned alcohol party, with the support of Linda," Sonnenberg said. "Half the kids say (Pomerantz) had already gone out and bought the beer while the others say they

physically gave money to place an order for her to go out and buy beer and other alcohol."

But Pomerantz's attorney, John Rekowski of Collinsville, said the youths bought the alcohol on their own and were partying in her finished basement when she arrived home.

"Out of respect for their privacy," Pomerantz did not go to the basement and check on the children, Rekowski said.

Rekowski said it was not apparent to the mother that the children had been drinking. He said intoxication levels of the children had not peaked while they were in Pomerantz's presence.

It was only after the teens had been dropped off at the Tepee that the intoxication was noticed, he said. Sonnenberg said the youths told police that Pomerantz had provided them with "vomit bags" and coffee before leaving for the youth center

between 6:30 and 6:45 p.m. Sonnenberg said one child got sick in the car and another fell out of the car once they arrived.

Angie Hasamear, a member of the Tepee Board, said one youngster obviously was drunk when she arrived at the center. Hasamear said another volunteer smelled alcohol on the girl, who was taken to Anderson Hospital when her parents could not be reached by Tepee officials. Her blood-alcohol level was 0.23 percent, almost three times the legal limit, authorities said.

Rekowski said the allegations are untrue, particularly the part about the vomit bags.

"It's a great story, but it has nothing to do with reality."

At least one of the youths backs Pomerantz's version of the story, Rekowski said.

Rekowski said Pomerantz faces a maximum of one year in jail and an \$11,000 fine if found guilty.

Victim of apparent carjacking agrees to polygraph test

By Nicole Vaughn
Staff writer

An Edwardsville man who told police he was the victim of a carjacking in Maryville

and forced to drive to Dallas has agreed to take a polygraph test.

Jesus Molina, 37, last week volunteered for the test after Maryville Police Chief Don

Sonnenberg said. The test likely will be administered this week.

Molina agreed to the test after Maryville police met with Molina and his wife and

interviewed the couple Wednesday.

"He said he was willing to take the test to clarify a number of inconsistencies," Sonnenberg said. "There just seems to be all kinds of holes

in the story."

One of those issues is a description of Molina's kidnappers. Sonnenberg said Molina provided police with only vague details.

"We're no clearer than we

were before," Sonnenberg said. "There's no real descriptions and what we do have is weak."

Before he returned to his Edwardsville home last Monday, Molina had last been seen Oct. 18 in Maryville where he had been visiting with a friend. He had visited other friends in Fairmont City earlier that day.

When Molina had been gone the required 24 hours, his wife reported him missing to the Madison County Sheriff's Department.

After his return, Molina met with a sheriff's detective at the Edwardsville tire store where Molina works as a mechanic. According to the sheriff's department, the detective was told that Molina had been forced to drive to Dallas from Maryville. Molina told police he was held in Dallas until Oct. 24 when he "managed to escape from his captors with his vehicle."



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Obituaries

Michael Arakaki

MICHAEL D. ARAKAKI, 42, of Summit, Iowa, formerly of Granite City, died Saturday, Oct. 31, 1998, at Mercy Medical Center in Cedar Rapids, Iowa.

Mr. Arakaki was born Oct. 13, 1956, at Scott Air Force Base, O'Fallon. He attended St. John Lutheran Church and Summer Baptist Fellowship in Summit, Iowa.

Survivors include his wife, Linda (Yungtum) Arakaki; his mother, Virginia (Cunningham) Arakaki; a son, Kyle Arakaki of Belhato, a daughter, Kea Arakaki of Belhato; a brother, Alan Arakaki of Granite City; and a sister, Darlene Azar of Glen Carbon.

He was preceded in death by his father, Reginald Arakaki. Services will be at 10 a.m. today, Wednesday, Nov. 4, at Irwin Chapel, 3860 Maryville Road, with the Rev. William Muls officiating. Burial will be at Sunset Hill Memorial Estates in Glen Carbon.

Evelyn Harris

EVELYN L. (TREBING) HARRIS, 75, of Glen Carbon, died Oct. 31, 1998, at St. Mary's Health Center in Clayton, Mo.

Mrs. Harris was born Oct. 30, 1922, in Glen Carbon. Survivors include her husband, Robert Harris, two sons, Bob Harris of East Windsor, N.J., and Jeffrey Harris of Collinsville, a daughter, Betty Talley of Granite City; a sister, Mary Lou Gruning of Collinsville; a brother, Melvin Trebing of Edwardsville; nine grandchildren; and two great-grandchildren.

She was preceded in death by her parents, Louis and Mary (Tomas) Trebing, and three brothers and one great-grandchild.

Services were Tuesday, Nov. 3, at Irwin-Scott Chapel in Glen Carbon with the Rev. Michael Smith officiating. Burial was in Glen Carbon Cemetery.

Memorials may be made to the donor's choice. AMELIA (POZNANOVICH) KELIO, 86, of Pontoon Beach, died Thursday, Oct. 29, 1998, at St. Elizabeth Medical Center.

Mrs. Kelio was born June 24, 1912, in Ziegler. She had worked at Busy Bee Bakery as a sales clerk and was a member of St. Mary's Greek Catholic Church.

Survivors include her daughters, Alberta Mikolaszuk of Madison, Loretta Hylla of Granite City and Dorothy Voloski of Madison; a sister, Diane Lucas of Madison; a brother, Leo Poznanovich of Madison; 10 grandchildren; and six great-grandchildren.

She was preceded in death by her husband, Pete Kelio, and her parents, George and Agnes (Novacic) Poznanovich.

Services were Saturday, Oct. 31, at St. Mary's Greek Catholic Church in Madison with the Rev. Robert Bohdan Piorowski officiating. Burial was in Calvary Cemetery in Glen Carbon.

Memorials may be made to St. Mary's Greek Catholic Church, 1312 Iowa, Madison.

LILA E. (TRAVIS) SCOTT, 79, of Granite City died Friday, Oct. 30, 1998, at her residence.

Mrs. Scott was born April 15, 1919, in Bear Springs, Tenn. She was a member of the Baptist faith.

Survivors include daughters, Martha Krause of Granite City and Shirley Morris of Murray, Ky.; one sister, Beatrice Ridings of Greenville; one son-in-law, Robert Krause of Granite City; and seven grandchildren.

She was preceded in death by her husband, Clayton Scott; parents, William and Hattie (Carter) Travis; one sister, Ruth Hildreth; and two brothers, Homer Travis and Roy Travis.

Services were Monday, Nov. 2, at Irwin Chapel in Granite City with the Rev. Carl Watkins officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

The Press-Record/Journal will publish obituaries up to two weeks following the funeral services. Although most obituaries are received from local funeral homes, obituary notices can be sent to the newspaper at Granite City Press-Record/Journal, 1515 Daimler, Granite City, IL, 62040.

IDOT announces several lane restrictions in area

The Illinois Department of Transportation has the following lane restrictions for the week of Nov. 2:

Interstate 270 has one westbound lane out of service from Illinois 111 to Riverview Drive in Missouri for the rehabilitation of the pavement and seven bridges. A temporary reversible lane is in use through this 9-mile construction zone to maintain full capacity for the commuter rush hours. Two eastbound lanes and one westbound lane are in service weekdays from 2-6:30 p.m. All most other times, two westbound lanes and one eastbound lane are in service. This work will be completed by Dec. 18.

Chain of Rocks Road over the Chain of Rocks Canal has been reduced to one lane for bridge deck replacement. The work should be completed by Dec. 1.

Illinois 203 at Pontoon Road will have intermittent daytime lane closures in each direction for the addition of turn lanes.

I-55 from north of the 55-70-270 interchange to Illinois 4 will be limited intermittently to one lane of traffic in each direction to renovate the bridges.

Illinois 143 at the bridge over Wood River Creek in East Alton will be reduced to one lane in each direction for bridge deck rehabilitation. This work is expected to be completed by July 1.

Illinois 111 will have intermittent daytime lane closures from Lake Drive in Centerville to Ohio Avenue in East St. Louis for widening and resurfacing. The work is expected to be completed in December.

Illinois 203 northbound from Road south of Belleville to construct left turn lanes and install new traffic signals. It should be done by May 15.

bridges. Work will be completed in May 1999.

I-55-70 at 203 will have daytime lane closures in both directions to renovate the bridge.

Illinois 159 will have intermittent daytime lane closures at Douglas-Freiburg Road south of Belleville to construct left turn lanes and install new traffic signals. It should be done by May 15.

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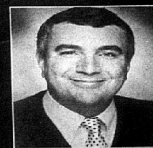
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Nan Wyatt



Doug McElvein

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Bill Bennett, Author
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MCT figures show growth

large Mass at the Trans World Dome. The Mass is expected to draw about 100,000 people.

He said one good thing about the timing of the Mass is that most of the people who will be in the dome before Bi-State's normal morning peak rush hour and will let out before the end of the afternoon rush hour.

However, in talking with other U.S. cities that experienced paperless tickets, Sturgeon said it will draw a huge number of chartered buses. In past visits to other cities, the drivers found the system confusing. They had to let their passengers off quite a distance from their destination, and finding the bus after it had departed proved to be a problem.

more trips, so there is an increase in service," he said. He added that because the district's new fixed-route buses are fully accessible to the handicapped-accessible, the district is trying to move some of the paratransit customers to fixed-route service. Because of that, para-transit ridership has actually decreased by 3.78 percent this year, to 87,162 from 90,510. He said the change is good for the district because fixed-route services are much less expensive than paratransit.

RideFinders, the regional alternative commuting program managed by MCT, also showed a decrease in ridership. From last year, figures

showed the number of registered car pools increased about 5 percent, to 1,265 from 1,204.

However, the increase during the summer months has been very slight compared to previous years.

One reason is that RideFinders moved its heavy promotion week from early June to October, according to Kane. The program is available for the report. Kane also said that the program has decreased its marketing campaign somewhat.

The number of van pools with RideFinders also increased about 5 percent to 36 from 34, but is down from a high of 44 in July.

Part of the reason for that decrease was the end of construction on the Blanchette Bridge.

The league is an independent short-season Class A

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State offering prepaid tuition program

By Becky Garrison
Staff writer

A state-backed program has been developed to help families offset the rising cost of college tuition.

ILLINOIS

The Illinois Student Assistance Commission announced last week a state-back program for tuition assistance. College Illinois is a program that provides families with a tax-advantaged way of locking in the cost of education at today's prices. "No child should be denied the opportunity to pursue a postsecondary education and the opportunities and benefits afforded by that education," said Donald M. Prince, director of College Illinois.

"With this new prepaid tuition program, the state is offering Illinois families a very manageable and affordable way to get a handle on college costs and provide for the future of their children," Prince said.

College Illinois offers families three plans: a public university plan; a public community college plan; and a combination plan that includes two years at a community college and two years at a public university.

Contracts can be purchased for anywhere

from one semester (15 credit hours) to nine semesters. Payment options are flexible. Purchasers can pay for their contracts in one lump sum or in monthly installments over five or ten years for a full four-year contract.

In the event that a family's needs or goals change, they have the option of revising their contract accordingly.

Melody Ellis, manager of marketing and public information for College Illinois, said that the program will enable grandparents to make a contribution to a child's education instead of buying clothes or toys as gifts.

In order to purchase a contract, the buyer must be a resident of Illinois for at least 12 months prior to the date of the contract or, if a non-resident, must purchase the contract for an Illinois resident beneficiary.

The beneficiary need not choose a specific college in advance, and can use his/her benefits at any age.

In order to secure this year's fixed price contract, purchasers must enroll through Jan. 31, with payments due beginning April 1.

For more information, call 1-877-8PREPAID or 1-877-877-3724 or visit the web site at www.collegeillinois.com

DEPRESSION

Clinical Research Associates of Edwardsville urgently needs volunteers age 18 and over with Depression to participate in research studies comparing investigational drugs with available antidepressant medication and placebo. If you or someone you know has depression please give us a call. Symptoms include:

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Call Mary at (618) 659-0292, 9:30 a.m. to 5:00 p.m., Monday through Friday.

Clinical Research Associates of Edwardsville

1121 University Drive

Edwardsville, Illinois 62025 (618) 659-0292

Lynn A. Cunningham, M.D.

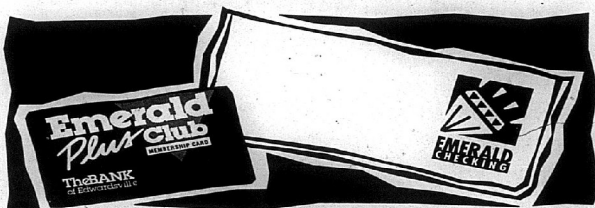
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Open church

Suburban Baptist Church is holding an open church from 2-3:30 p.m. Sunday to celebrate the completion of its new 600-seat worship center and offices. St. Louis Design Alliance designed the project, and Tindall Construction Inc. of Pontoon Beach built the addition. The Rev. Ron Zankus, pastor; the Rev. Marty DeRouche, associate pastor; and Steve Stanford, minister of music, will give tours of the new center, 2500 St. Clair. Refreshments will be provided.

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Fees are charged according to services received. Examinations are by appointment only. Physician referral is not required. For your convenience, a copy of your evaluation report will be sent to your physician.

Date:

Friday, November 13, 1998

Information:

For an appointment or more information, call Memorial's Physical Therapy Department at 257-5250.

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Orthopedic Surgeon

Co-Director, Arthritis Service of Southern Illinois

Judith Waller, M.D.,

Internist

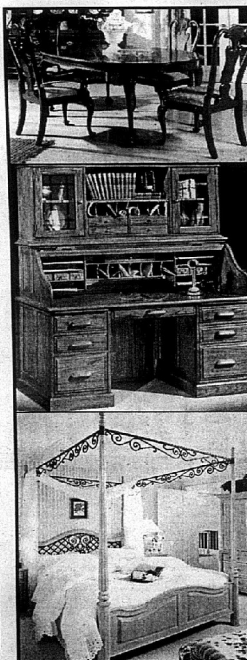
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Open for business

Family Dollar store, located on the 2600 block of Nameoki Road, opened for business in October. Those pictured include Meghan and Matt Anderson, Kenny Hedge, Johnny Jackson, Derick Winkle, Bradley Johnson, Brian Reeves Aaron Campbell, Vince English, Joseph Smart, Leslie Barton, Vanessa and William Schrader, Amy Fisher, Evan Barton, Mayor Ron Selph, Fire Chief Keith Talley, and R.C. Bush of the Tri-Cities Area Chamber of Commerce.

Tim Stephenson photo

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Information about the services available at Memorial's new Sleep Disorders Lab also will be presented.

DATE, TIME, PLACE:

Monday, November 9, 1998

7 to 8:30 p.m.

Memorial Hospital Auditorium

Attendance is limited. Advance registration is required; reservations can be made by calling Memorial's Community Relations Department at 257-5649.



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Preferred stock provides relatively safe extra income

Like guests at a buffet reception, today's investors can choose from a wide financial menu. Some of these dishes will agree with them, and others may not. But those who choose a variety will be more satisfied than those who select only one or two options.

A portfolio should be like a well-balanced meal, containing a range of investments offering different degrees of income and risk. The specific mix depends on your age, goals and risk tolerance.

On the low-risk side, you can't beat treasury securities. Moving up the income scale, you might



Jeff Prosser

consider investment-grade corporate bonds. Another source of better income with relative safety is preferred stock.

Preferred stock is more like a bond than a stock. If you're safety conscious, you'll like the fact that preferred stock is just what its name implies. If a company becomes insolvent, its preferred stockholders are paid before common stockholders — although after bondholders and other creditors. If income and dividend payments become a problem, the same pecking order applies. There are different levels of preferred stock, however, meaning some preferred stockholders would be paid before others. But don't make investment decisions based on what gets paid first if the company goes under. With preferred stock, choose quality

corporations with high credit ratings. And investing in companies listed on the major stock exchanges makes it easy to buy and sell.

An advantage of preferred stock is the frequency of dividend payments. Most preferred stocks pay dividends quarterly, rather than semiannually like bonds. Typically, that income may be better than what you could expect from common stock or bonds.

Preferred stock may be one of the most confusing or misunderstood investments offered to the public, perhaps because it is available in so many variations. Each has a different benefit or restriction.

However, preferred stock can be appropriate if you're looking for attractive income with relative safety. Before you invest, select a financial professional who is knowledgeable about preferred stock. Ask pointed questions, and don't invest until you feel satisfied with the answers.

Jeff Prosser is an investment representative with Edward Jones in Granite City.

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Deadline nearing for Old Newsboys Day volunteers

The deadline is fast approaching for Old Newsboys Day volunteers.

Friday is the last day to register for those who wish to participate in the street-corner sales of a special, Old Newsboys Day edition of the Suburban Journal.

In addition, volunteers are invited to join in a fund-raising effort called "Westfield Works Wonders for Old Newsboys Day" at one of several local shopping malls.

Old Newsboys Day is Nov.

19. Thousands of local volunteers will sell the special edition of the newspaper, with the proceeds benefiting hundreds of local children's charities.

Proceeds from the Westfield event also will be forwarded to the Old Newsboys Day fund. "Westfield Works Wonders for Old Newsboys Day" will run from 6 to 10 p.m. Nov. 15 at Crestwood Plaza, Mid Rivers Mall, Northwest Plaza, South County Center and West County Center.

The Westfield volunteers will assist with gift-wrapping, taking tickets, staffing prize booths and checking coats. For more information, call (314) 428-5658 and leave your name and phone number. Or send the information by fax to (314) 428-6374.

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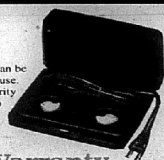


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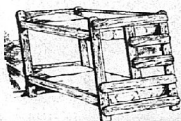
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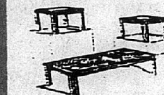
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East St. Louis avenges loss to Kahoks

By Brian Bretsch
Staff writer

A case of fumble-itis infected the Collinsville High football team on Saturday afternoon at Kahok Stadium, which resulted in a 20-14 loss to East St. Louis in the IHSA

PREP FOOTBALL

Class 5A playoff opener. With the victory, the Flyers improved to 7-3 and will host Cary-Grove (9-1) this week in the

Flyers take advantage of Collinsville's fumbles

second round of the 5A playoffs. Fumble-itis could not have plagued the Kahoks at a worse time than in the opening round of the postseason playoffs. The Kahoks had stayed away from the turnover problem all season. But on Saturday afternoon, the Kahoks

coughed up the ball three times and East St. Louis recovered two of those miscues, cashing one in for seven points. "We didn't have too many turnovers all year long and we made some turnovers (Saturday)," Collinsville coach Tim Kane said.

Two of the turnovers came during East St. Louis' kickoffs. The Kahoks' successful set play of criss-crossing the two deep men and faking or making a handoff had resulted in four touchdowns this season. But the Kahoks dropped the exchange on the opening kickoff and again after the

Flyers' first touchdown.

"We probably should have worked on that a little bit more this week in practice," Kane said. "We did it all year long and had real good success with it. I don't think we put one on the ground all year long. We came out today (Saturday) and put three on the ground. That was very uncharacteristic of what we had

See FLYERS, Page 3B

Granite City's season came to disappointing end

Warriors' inconsistencies helped Alton put together upset victory in regional

By Rick Broome
Staff writer

A loss to an inferior team isn't that novel a concept in sports. It happens all the time, to the best of teams and the best of coaches.

BOYS SOCCER

It happens. When Granite City lost its first-round playoff match to Alton — a team the Warriors had earlier massacred 7-0 — last Tuesday night in a shootout at home, huge breathless silence hung in the air around the home crowd. Heavy silence troubled by the history of success (10 state championships since 1972). Disappointment weighs a ton.

The game was one of those flukes that come along every once in a while. The Warriors could have won 7-0 again — that was how much pressure they applied, how much control they exerted. Alton had two chances and scored on both. Granite City missed too many times and it came back to bite them.

The Warriors had moments of inconsistent play this year, from the peaks of an outstanding effort in a 2-0 loss to mighty St. Louis CBC to a lackluster sleepwalk in a 2-2 tie with Edwardsville. One of the most memorable games of the 1998 season was a 2-1 victory Sept. 28 against Belleville West at Laderman Park.

The game was intensely physical, so much so that Warriors coach Gene Baker was tossed for picking up two yellow cards.

Late in the second half, the score was tied 1-1. Enter Dave Margrabe and Jared McMillian, the yin and yang of Baker's year-long strategy: clear it out one time, head for the net. McMillian swept the back, keeping it clean. Margrabe pumped in the goals, timely and frequent.

Against Belleville West, these two representative forces came together. McMillian

The game (against Alton) was one of those flukes that come along every once in a while. The Warriors could have won 7-0 again — that was how much pressure they applied, how much control they exerted. Alton had two chances and scored on both. Granite City missed too many times and it came back to bite them.

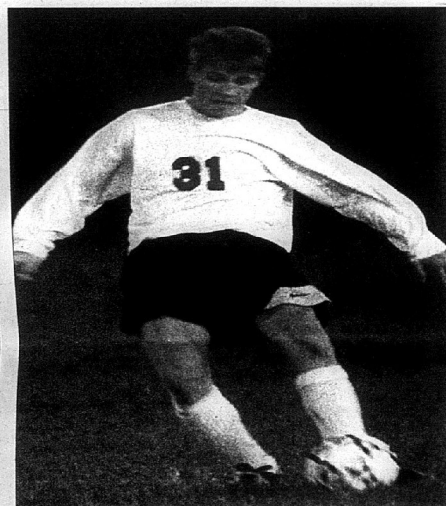
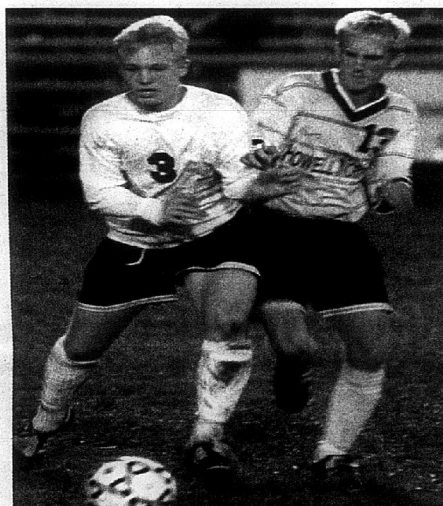
raced forward and chested down an attempted clear. He drove to the touchline and flipped over to Margrabe, who headed the ball in for the winner.

It wasn't necessarily an important win — but it showed the character of this year's team. The Warriors may have run out of heart at the end of the season, and they may have gotten caught in one of those flukes. But the victory against Alton was a reflection of this season's team, and the senior class. Baker will need to conjure some magic to replace Margrabe and Corey Winfield, Bob Scott and Steve Hendrickson.

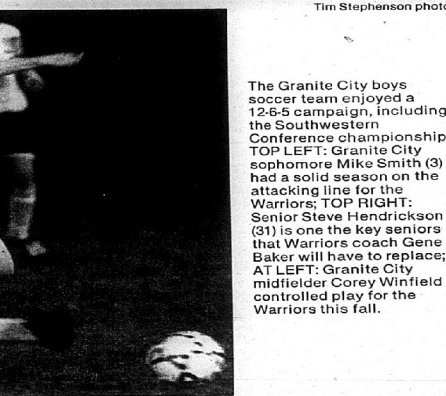
Mike Smith should continue to his development. Justin Roehr should be healthy for a full season, filling the nets as Brandon Williams heads to college. And if Roehr can't go, Baker can call on the brash, confrontational and skilled Jamie Gavilsky.

While penalty kicks can be an unfortunate way to end a soccer game, they were an unfortunate way for the Warriors to end a season.

Perhaps that memory will fuel a fire for the 1999 season.



Tim Stephenson photos



The Granite City boys soccer team enjoyed a 12-6-5 campaign, including the Southwestern Conference championship. TOP LEFT: Granite City sophomore Mike Smith (3) had a solid season on the attacking line for the Warriors; TOP RIGHT: Senior Steve Hendrickson (31) is one the key seniors that Warriors coach Gene Baker will have to replace; AT LEFT: Granite City midfielder Corey Winfield controlled play for the Warriors this fall.

Shiver stars as Collinsville captures sectional championship

By Scott Marlon
Staff writer

Collinsville senior Josh Shiver experienced the best of both worlds in Saturday's IHSA Class AA sectional championship game.

BOYS SOCCER

As the Kahoks' goalkeeper, Shiver stopped three of four penalty kicks by Belleville East after 100 minutes of scoreless soccer. Shiver also scored the third and decisive penalty kick goal for his team as CHS claimed a 1-0 overtime victory.

"You couldn't ask for much more. This feels great — nothing can beat it," Shiver said after the Kahoks won the IHSA Class AA Collinsville Sectional at Bok Guelker Field at Southern Illinois

Kahoks keeper scores a PK while keeping Belleville East at bay

University-Edwardsville. With the victory, Collinsville advanced to Tuesday's Springfield Super-Sectional, where it was scheduled to play East Moline, winner of the Rock Island Sectional.

"We always work on penalty kicks, but we do it a little different than what other teams do," said CHS coach Ron Rowden. "We have a round-robin with three different teams for two weeks, and when we get to this situation, we know how we're going with our (shooting) order."

(Belleville East) was a little gun-shy on two shots. (Shiver) is 6-3, and when he comes out quick with the speed he has, it puts a lot of

pressure on them." Shiver, a regular participant in the Kahoks' penalty-kick drills, wasn't surprised to be among the five players selected for Saturday's shootout. He was more concerned with stopping East's top shooters one-on-one.

"You're nervous and your heart is beating," Shiver said. "It's mostly guesswork, but Coach (Rowden) told me a couple things I could do and that helped a lot."

With the victory, Collinsville finally moved above the 500 mark at 10-1-1. But the postseason record is the only one that matters to Rowden.

"Unless your (winning percentage) is 1.000, you're out," said Rowden,

whose squad was the No. 5 seed in the sectional. "According to the seeds, our kids overachieved, but they understood what Collinsville is made of. The bottom line is that we're playing in November."

The Kahoks' 1997 season ended with a loss to Edwardsville on penalty kicks, but the format has generally worked in Rowden's favor during his 10 years at CHS. Belleville East coach Gary Carr is no stranger to penalty kicks, either.

"This is two years in a row we've lost on them," said Carr, whose team was eliminated by Granite City last season. "(Shiver) made some nice saves on some well-placed shots."

"This is a hard one to swallow. We

didn't take advantage of opportunities, but our defense did a nice job."

Collinsville's Sean Gregory had the first penalty kick and beat East goalkeeper Owen Seibel on a low shot to the right corner. Seibel had taken over for fellow senior Pat Boyne after the second overtime period.

The first Belleville East shooter, Ryan Coates, was stopped by Shiver. Next for the Kahoks was Joe McClary, who shot the ball high and wide right of the net. East's Matt Gruenert tied the shootout at 1-1 when he got the ball past Shiver on the left side.

The third Collinsville shooter, Kit Gaither, beat Seibel up the middle. Shiver then made a diving save to his

See SHIVER, Page 4B

Two local teams qualify for state

Freeburg, Edwardsville girls squads qualify

Two Freeburg boys — Tyler Krauss and Darren Pierce — and the Freeburg girls team were among the IHSA Class A state qualifiers in sectional cross country meets last Saturday.

Krauss and Pierce placed fifth and sixth, respectively, with times of 15:55.1 and 15:55.6 in the boys race at the Carlinville Class A Sectional. They qualified as individuals for Saturday's state meet in Peoria, since Freeburg didn't finish among the top five teams.

Weslin's Mike Kaiser, who placed eighth with a time of 15:59, was among the other individual qualifiers. Mater Dei, with 114 points, placed second to Liberty (83).

In the girls race, Freeburg had 124 points to place third behind Petersburg Porta (61) and Pittsfield (99). Mater Dei (130) placed fourth.

Sophomore Megan Calcatera led Freeburg

with a 13th-place time of 15:51. Rounding out the top four for the Midjots were Ali Louthan (22nd), Amanda Uhl (28th) and Barb Bennett (35th).

Class AA

In the IHSA Class AA sectional at Centralia, the Edwardsville girls — who placed fourth with 144 points — were the only local squad to qualify as a team. Amy Smith led Ellis with a second-place time of 14:59.

The O'Fallon girls placed sixth, eight points behind fifth-place Mount Vernon. OTHS Junior Jennie Illig qualified with a fifth-place time of 15:21. Illig will be joined at the state meet by Panthers teammate Cadian Lawrence.

Belleville East's Abbie Perez and East St. Louis' Shontia Chester also qualified as individuals. Chester finished seventh in 15:26.

The lone Metro East qualifier in the IHSA Class AA boys race was Edwardsville's Andy Bratten.

DOBBS Cardinals Team of the Week



Conference champs

Wolf Branch took first place in the expanded Belle-Fair Conference and also won the First Wolf Branch Invitational Baseball Tournament. The team was undefeated in conference play with 14 schools competing. Pictured above (from left to right) are: In front — Ryan Wilson, Mike Wunderlich, Ryan Clement, Brett Knothoff, Mike Kelley, Jes Smith, Xavier Qualls, Matt Dothager, Matt Keels; in back — Mark Milton, Kyle Busnak, Jason Harrison, Ryan Moser, Mike Bernstein, coach Luke Patton, coach Mike White, Eddie Hoering, Justin Trumpet and Zach Bond, not pictured are coach Keith Padgett, Alex McDonald, Josh Roth and Garrett McKinney.

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Naperville Central pins first loss on Edwardsville

By Greg Shashack
Staff writer

With 35 victories in their last 36 regular season games, the Edwardsville Tigers have established themselves as perhaps the premier large school football program in southwestern Illinois.

PREP FOOTBALL

But Naperville Central swaggered into town Friday night and showed the Tigers that status among the state's Class 6A elite remains an unreach goal.

Naperville Central, Class 6A semifinals in three of the past four seasons, put on a devastating offensive display in the first half Friday night and blew past the previously unbeaten Tigers 42-21 in a first-round game at the Edwardsville Sports Complex.

Sports Complex

"I guess the positive out of this is that we just played probably one of the premier football programs in the state," Edwardsville coach Tim Dougherty said. "We've got another step or two to take."

The loss ended Edwardsville's season at 9-1.

Naperville Central, which improved to 7-3, moves to the second round after finishing third in the DuPage

Valley Conference

Naperville Central, which lost 56-42 to the state's No. 1 school in 6A, Wheaton Warrenville-South, entered the game with the No. 28 seed in the 32-team 6A playoffs. But the Redhawks expected an extended postseason run.

"We saw (Edwardsville) on film and we were real impressed," Redhawks assistant Jim Rexilius said. "We just feel like we play in

one of the best conferences in the state of Illinois year-in and year-out. There was no lack of respect."

On Friday night against Edwardsville, Naperville Central took control immediately and scored at will in the first half. The Redhawks scored on their first five possessions to take a 35-21 lead.

The two teams combined for a staggering 545 yards of offense in the first half.

Flyers avenge earlier loss to Kahoks in playoff opener

Continued from Page 1B

done."

The Flyers also changed some things from an earlier meeting won by the Kahoks. Junior Kevin Edwards replaced Roy Montgomery at

quarterback during that game and gave the Flyers a different look.

Edwards' strong throwing arm and long completions Saturday helped spread out the Kahoks defense in the second half.

After a scoreless first quarter where neither team managed to generate much on offense, the Flyers broke the scoreless tie in the second quarter when Edwards kept the ball on a fourth-and-goal from the 1-yard line. The key play of the drive was Edwards' 39-yard pass to Lamar Thomas that took the ball to the Kahoks 8-yard line.

The Kahoks finally dented the scoreboard in the second half and took their first lead.

Collinsville manufactured a nine-play, 62-yard drive capped by Eric Stewart's 1-yard run. Kory Kimbrell, who did most of the work on the drive by rushing for 46 of the yards, added the PAT.

The Kahoks opened their lead to 14-6 when Ballinger picked off Edwards' pass attempt to Mumphard and ran along the Flyers sidelines for a 52-yard return. Ballinger broke three tackles at the 10 before coasting in for the TD.

On the ensuing kickoff, the Flyers return was aided by a 15-yard face mask penalty. Four plays later, the Flyers executed a perfect reverse when Darris Jones handed the ball to Mumphard, who ran around the left corner of the line untouched for an 18-yard TD. Stephen Haire added the two-point conversion on the 3-yard run as the Flyers drew even at 14-14.

Collinsville looked poised as it attempted to answer the Flyers scoring drive. The Kahoks took over on their 27 and moved the ball to East Side's 6-yard line. Kimbrell picked up a big chunk of yardage with a 21-yard burst. Stewart followed up Kimbrell's run with a 39-yard scamper that put the ball on the 6. Kimbrell followed with a 2-yard run that set up a second-and-goal at the 4. However, on the next play, Ballinger lost the handle on

quarterback Derek LeMaster's option pitch.

Bobby Daniels recovered the ball on the 7-yard line or East St. Louis. Edwards helped the Flyers manufacture a 93-yard drive, capped on Jones' 4-yard run.

East St. Louis 20, Collinsville 14

EAST ST. LOUIS	0	6	8	6	—	20
COLLINSVILLE	0	0	14	0	—	14
First Quarter						
No scoring.						
Second Quarter						
EAST ST. LOUIS — Kory Edwards 1 run (kick failed), 9:53.						
Third Quarter						
COLLINSVILLE — Eric Stewart 1 run (Kory Kimbrell kick), 6:51.						
COLLINSVILLE — Steve Ballinger 52 interception (Kimbrell kick), 2:47.						
EAST ST. LOUIS — George Mumphard 18 run (Stephen Haire run), 5:55.						
Fourth Quarter						
EAST ST. LOUIS — Darris Jones 4 run (kick failed), 5:43.						

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Sports

Shiver leads Kahoks to crown

Continued from Page 1B

left on East's Kane Sweeney. Shiver switched to offense for the Kahoks' fourth penalty kick, beating Seibel with a high shot over the middle. Shiver then went back in the nets and stopped a low shot by Mike Dahm to clinch the victory.

"This team has a lot of heart," Shiver said. "Everybody comes in hard and wants to win." Defense was the name of the game in the first half. Neither team had many scoring chances and most of those belonged to East.

"The first half compared to the Granite City game in '96, when we were down 3-0 at halftime," Rowden said. "I told the team they ought to play the lottery tonight because we were lucky it was 0-0."

The number of scoring chances picked up slightly in the second half. With 32 minutes to play, East's Sweeney was stopped at short range after a corner kick. Less than a minute later, a shot by CIS junior McClary sailed wide.

The Kahoks had another chance at the 19:57 mark, when a header by Lee Zarzecki, after a corner kick from Gaither, went wide. At 12:33, Sweeney came in on the right side, but the ball was knocked away by Shiver. Both teams continued to apply pressure in the final 10 minutes of the half. East goalkeeper Boyne and Collinsville's Jeremy Coppotelli collided in midair in the front of the net at the 8:21 mark, but Boyne got his hand up to slap the ball away. With about six minutes to play, East's Nick Gladson drove in on the left side, but lost his footing and couldn't get the shot off.

After 80 minutes of regulation play, the game went into two 10-minute periods of "sudden-victory" overtime. Both teams had good opportunities in the first period, including:

- A header by Collinsville's McClary which just missed the left corner of the net.

- A close-range shot by CIS sophomore Zarzecki, who was stopped by Boyne after getting past East's defense.

- A low shot by Gladson, which was stopped by Shiver.
- A shot by Zarzecki that went high and right of the net after a good pass from Kris Hall.

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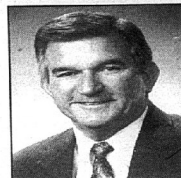
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Horoscope

Wednesday, Nov. 4
The Taurus moon makes a difficult aspect to both the sun and Venus in Scorpio today. This fixed-sign transit may leave you feeling a bit emotionally drained from interactions with a mate, friend or loved one. Mars in Virgo will help keep those tempers in check, encouraging people to retreat within rather than battle it out.

TODAY'S BIRTHDAY
(Nov. 4). Family and friends are generous and affectionate, helping you move forward with amazing support this year. Get close to a Capricorn in the next six weeks, and it's easy to work through financial glitches. Your career shifts into high gear in April, with travel high lighted, too. Your marriage season is next spring, and your best partnerships are with Libra and Aquarius.

ARIES (March 21-April 19). You have nothing to lose by stating your honest opinion on the job. A former flame asks you for a favor. Relatives help you save money on living arrangements. Reserve judgment of a friend until you've heard the whole story.

TAURUS (April 20-May



Joyce Jillson
Your personal horoscope, call

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Touch-tone and rotary \$2.99 per min

20. You find yourself by studying the past — try to stay in contact with an old friend. There are romantic benefits from making a change in your appearance today. A lover knows how to take your mind off work this evening.

GEMINI (May 21-June 21). An impossible schedule makes life a little harder. Drop activities and organizations in which you are not sincerely interested. **CANCER** (June 22-July 22). Diplomacy is vital. Track your moods and desires to determine whether a friend is affecting you adversely. At work, people tie you endlessly to the phone lines, but your biggest responsibility is at home.

LEO (July 23-Aug. 22). Falling in love is highly recommendable. A confession will alter a unique relationship. Self-discipline is crucial to the success of a creative endeavor. Think ahead, and you'll be the winner. **VIRGO** (Aug. 23-Sept. 22). Obligations build up — get them off your conscience by completing them one by one. You have a positive impact on others but not necessarily the same people you are trying to impress.

LIBRA (Sept. 23-Oct. 23). If you feel strange around a new friend, examine truthfully whether you might be toying with ulterior motives. Splurge on a gift for a loved one. You are fascinating and irresistible at a social gathering this evening.

SCORPIO (Oct. 24-Nov. 21). You're in heaven when a key person or company complies to your requests. Try to share a lover's interests if you want the same in return. A trend sweeps your social network — be guided by a friend's experiences in love. **SAGITTARIUS** (Nov. 22-Dec. 21). One change has a domino affect. A new job

opens up a myriad of other employment possibilities. A small sacrifice ends up saving you big money. Do a friend a favor, and you help yourself in the process. **CAPRICORN** (Dec. 22-Jan. 19). By learning something new and unrelated to anything you've previously studied, you become irresistible to that person you admire.

AQUARIUS (Jan. 20-Feb. 18). The winds of change rock your world now. Someone you meet under pressured circumstances has a terrific impact on your life. What others consider a weakness can be made a virtue with honesty.

PISCES (Feb. 19-March 20). Be self-critical without being defeatist. The rules seem to be changing, but you're the one in control. New love is promising if you relax. Don't trust reckless friends with your property.

Movie schedules

Film timetable for Wednesday, Nov. 4. For times on other days or to confirm these times, check local theaters.

COTTONWOOD EDWARDSVILLE CINEMA
Edwardsville, Ill., 858-6390
Saving Private Ryan (R) 7:00
Halloween H2O (R) 7:30
Tomb Raider (PG-13) 7:15

NAMEOKI CINEMA
30 N. Main St., 877-4630
What Dreams May Come (PG-13) 6:45
A Night At The Roxbury (PG-13) 7:15

ROXANA CINE THEATER
Roxana, Ill., 254-8746

SHOWCASE 12 EDWARDSVILLE
6633 Center Grove Rd., 858-7468
What Dreams May Come (PG-13) 3:50, 6:50, 9:20
Practical Magic (PG-13) 4:00, 6:40, 8:10
Vampires (R) 4:40, 7:10, 9:45
Antz (PG) 5:20, 7:50, 9:50
Apt Pupil (R) 4:20, 7:00, 9:40
Urban Legend (R) 4:45, 7:40, 9:50
Rush Hour (PG-13) 5:20, 7:45, 10:10
Pleasantville (PG-13) 4:15, 7:15, 10:00
Bride of Chucky (R) 5:00, 7:20, 9:30
Soldier (R) 4:20, 7:20, 9:50
Beloved (R) 4:30, 8:00
There's Something About Mary (R) 4:50, 7:30, 10:05

ST. PETER UNITED CHURCH OF CHRIST ALL-YOU-CAN-EAT-BUFFET

ANNUAL SAUSAGE SUPPER
WEDNESDAY NOVEMBER 4, 1998
11:00 A.M. - 7:00 P.M.
21st and Cleveland Blvd.
Granite City, Illinois

Adults \$6.50 Child (6-11) \$3.00
Sausage, Green Beans, Apple Sauce, Sauerkraut, Mashed Potatoes, Dessert.

Fresh Link Sausage For Sale CARRY OUTS

Emperor's Wax

7851 Chippewa (314) 645-2188 29 Arnold Park Mall (314) 282-9064
4454 S. Lindbergh (314) 843-8128 3239 Lemay Ferry (314) 892-8809

1 Maryland Plaza (Magic Wax) (314) 367-2626
GRAND OPENING AT - 83 New Halls Ferry (314) 388-2626
Best Chinese, International Buffet & BBQ

CARRY OUT AVAILABLE!

50% Off!!!

Buy One Buffet Or Entree, Get Second One Of Equal Or Less Value Half Off.
Emperor's Wax
BBQ, Crab Legs, Grilled Chicken, Beef, Sirloin Steak, Sausage, Pork Chops, Desserts, Chinese, Italian, Mexican & More.

HOLIDAY BAZAAR

HOPE CHURCH 200 DAFRON DRIVE
(JACOBS FROM MEMORIAL HOSPITAL)
NOVEMBER 6TH PREVIEW NITE
5PM - 8PM
\$1.00 ADMISSION
(RAFFLES & ENTERTAINMENT)
NOVEMBER 7TH FREE ADMISSION
9AM - 3PM

HOMEMADE SOUP, CHILI, SANDWICHES, PIE, DESSERTS
& HOMEMADE CANDY, TOT SHOP, RAFFLES - BLUE'S
TICKETS, BEANIE BABIES & LOTS MORE

GLASS CUT TO ANY SIZE

Granite City Glass
1937 Madison Ave.
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For Your Next Event

RENT
At A-1 Rental we do parties for all age groups. We now have available a children's party package which includes a 8ft adjustable height table, 12 child size chairs, 1 plastic table cover, 12 helium filled balloons, balloon centerpieces and 12 bottles of fun bubbles. Call or stop by our store and see our complete line of party supplies and balloons.
A-1 Rental 2 locations to serve you.

A-1 RENTAL, Inc.
1200 Belt Line, Collinsville
2470 S. Hwy. 159, Edwardsville
345-6050 • 692-6363

"Amazing \$100,000 Raffle!"

You can win FREE GIFTS just for coming. Collinsville Convention Center, Sunday, Nov. 8th \$60 is your Buy-In. Doors open at 11 am. Games at 12:30 pm.

Directions 618-345-8998
How much money would you like to win?

Good Shepherd United Methodist Church
Annual Dinner & Bazaar
Saturday, November 7, 1998
11 AM to 6 PM
Turkey or Ham & All the Trimmings & Dessert
Adults \$6.00 • Children \$3.00
Carryout & Delivery 877-7027 or 451-1686
3025 National • Granite City

French Colonial
.Ste Genevieve Pecan Festival
Saturday, November 7
11am-5pm Tours of Historic Houses
11am-5pm Craft Fair-Valle High School
1-3 pm Children's Games
3-5 pm Tree Shaking
5 pm Nut Cracking Contest
Sunday, November 8
Noon-5 pm Pecan Cookoff • Public
Judging of Pies, Cakes & Breads,
Cookies, Snacks, Candy, Entrees,
Children's Entries
1-3 pm Children's Games
CALL 573-883-2244
For statewide travel information call (800) 810-5600
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Waterloo Sportsman's Club

Shotgun Turkey & Meat Shoot
Featuring Double G Hams
Sunday, Nov. 8th
Enclosed Heated Pavilion
RAIN or SHINE - 12:00 NOON
3-D Bow Shoot
40 Targets 7 a.m. to 1 p.m. Meat Prize
Club Grounds
4 Miles South of Waterloo, Illinois • 3 Miles
Off Route 3 • Follow The Signs!

Gun Furnished or Bring Your Own
Memberships Available
Lunch and Refreshments
Free Soup
No Sledge Barrels or Scopes
OPEN TO THE PUBLIC

Bridges YOU ARE INVITED! FRIDAY NITE

Join Us On Friday, Nov. 30th For Bridges Debut Of...

Mohr Pleasure at 9p.m.

SAT. NITE Strange Things happen "When Darkness Falls..." Ghost & Goblins come out. Witches and Warlocks start to play. And fun it will be! Along with DJ Rockin' Reece, Spinning the top 40 Hits. **COSTUME CONTEST AT MIDNIGHT**

3145 West Chain of Rocks Rd. * Granite City, Il. 797-0700

FREE SEMINAR: SURVEY REVEALS YOUR BUSINESS RANKING

HOW MANY PEOPLE HAVE HEARD OF YOUR BUSINESS?

TOMA®

If your business is in one of the following categories, you need to know the results of the recent Madison County survey of TOMA® (Top of Mind Awareness). Come to the FREE seminar and hear nationally-known experts tell where you rank against your competitors in customers' top-of-mind awareness - and how you can increase profits with higher name recognition:

Accountant (CPA) Dentist Mortgage Company
Appliance Sales Dry Cleaner Mover
Appliance Service Employment Agency Muffler Shop
Auto Body Shop Financial Advisor Nursing Home
Auto Leasing Fitness Center Optometrist
Auto Oil/Lube Florist Pest Control Co.
Auto Parts Formal Wear Pharmacy
Auto Repair Furniture Photo Developing
Banks Grocery Store Plumber
Building Materials Hardware Store Realtor
Carpet Cleaning Co. Hot Tub/Spas Rental Yard
Carpet Sales Restaurant (Family)
Cellular Phone Co. Insurance Agent Security Systems
Chiropractor Jeweler Sporting Goods
Computer Sales Contractor (Fencing) Tire Store
Contractor (Heat/Air) Contractor (Heat/Injury) Transmission
Contractor (Landscape) Contractor (Remodeling) Travel Agent
Contractor (Roofing) Mobile Home Sales Veterinarian
Video Rental Store

Free Top of Mind Awareness Seminar

Tuesday, Nov. 10th, 8 am - 10 am Wednesday, Nov. 11th, 8 am - 10 am
Gateway Center Fischers Restaurant
La Salle Room Jubilee Room
One Gateway Drive, Collinsville, IL 2100 W. Main, Belleville, IL

PHONE: 344-0264 (To reserve your seminar time)
FAX: 344-1617 (Include name, phone number and choice of seminar)

Sponsored by the Suburban Journals

"Due to contractual restrictions with TOMA Research, representatives from competing media may not attend."

Community calendar

Editor's note: The community calendar contains items for November only. Events that happen weekly run during the first and third weeks of the month only.

Church

GENERATION JESUS YOUTH GROUP, led by youth minister, meets 5-8 p.m. every Sunday at Nameoki United Methodist Church, 1900 Pontoon Road.

JESUS EVERY THURSDAY, led by the music director, is for kids 3 to 11 years old. Meets from 7-8:15 p.m. Thursdays. Music/Bible study and fun at Niedringhaus United Methodist Church, 20th and Delmar. Mom's Bible study and share group meets at the same time as children. For more information, call 877-4555.

TEMPLE BAPTIST CHURCH Adventure Club, an after school activity for grades 4-6, meets 3:30-5 p.m. Tuesdays at the church, 1900 Harris St. For more information, call 452-0273.

Community

MITCHELL FIRE PROTECTION DISTRICT 2 regular monthly board meeting is 7 p.m. the second Tuesday of each month at 5123 Maryville Road. Call 931-6521.

MADISON COUNTY ACTION GROUP meets at 7 p.m. every Wednesday. For more information, call Dan at 452-2338 or Diane at 878-1390.

EAGLES AUXILIARY 1126 BINGO is held 1 p.m. every Sunday at the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing, free games and other raffish.

Food-Nutrition

MEALS OF LOVE, sponsored by Madison County Baptist Association, offers free meals to anyone in need from 4:30-6 p.m. every Tuesday at Second Baptist Church, 21st and Illinois streets in Granite City. Everyone is welcome.

POLISH PIEROGI SALE is held 9 a.m. to noon the first Saturday of each month at St. Henry's Polish National Catholic Church, 930 Reynolds in Madison. Seven varieties are for sale: cabbage, cheese, kielbasa, potato, sausage and kielbasa, pork pudding and taco. Carry-outs only. \$6 per dozen. Cooked and ready to heat and eat. Also churros, kiwi and roasted. Order ahead by calling 878-5860, 878-3695, or 931-3387.

RESCUE MISSION food pantry is open from 9 a.m. to noon every Saturday, 1536 Fourth St. in Madison. Samuel Turner is the chairman, Valonda Turner is the secretary, and Alfred Turner is the pastor.

ST. JOHN LUTHERAN CHURCH MONTHLY COUNTRY BREAKFAST is held 8-11 a.m. the second Sunday of each month at 2001 St. Clair Ave. Eggs, sausage, pancakes, biscuits, homemade gravy, jellies, coffee and orange juice are offered. Meals are \$4 for adults, \$2 for children. Call 451-7788 for more information.

Health-Exercise

Bemis Chiropractic offers FREE ELECTRONIC SPINAL SCREENINGS from 9 a.m. to noon every Tuesday and Thursday at 5361 Fehling Road in Granite City. Call 876-2273 for more information.

TOPS 2363 meets at 6:30 p.m. every Thursday at Anchorage Recreation Center, 2909 Edwards St. For more information, call Bobbie at 452-0273.

FREE SENIOR CITIZEN EXERCISE CLASS is held at 9 a.m. every Thursday at Anchorage Recreation Center, 2909 Edwards St.

TOPS 2048 meets at 6 p.m. every Monday at Second Baptist Church, 2100 Illinois Ave. in Granite City. Call 876-2124.

TOPS II 645 meets at 7 p.m. every Monday at Anchorage Recreation Center, 2909 Edwards St., Granite City.

TOPS 1699 meets at 6:45 p.m. every Tuesday at the Anchorage Recreation Center, 2909 Edwards St.

TOPS II 2417 meets at 6 p.m. every Tuesday at Calvary Lighthouse Church of God, 1205 W. Ponton. Weigh-in at 5:30 p.m.

ST. ELIZABETH MEDICAL CENTER'S BEHAVIORAL HEALTH SYSTEM is presenting a talk entitled, "Cultivating Creativity" at 7:30 p.m. Nov. 10. Lunch starts at 11:30 a.m. with meeting afterward. For information or reservations, call 452-3266 or 452-3344.

MADISON COUNTY URBAN LEAGUE HEALTH CARE SERVICES offers the following each week: Walk-in pregnancy testing and prescription refills, 9 a.m. to 3 p.m. Mondays; Family planning services, 9 a.m. to 4 p.m. Tuesdays; STD screening and treatment, 9 a.m. to 4:30 p.m. Wednesdays; and family planning services, 9 a.m. to 4:30 p.m. Call 452-5884 for appointments or more information.

Organizations

AMERICAN ASSOCIATION OF RETIRED PERSONS CHAPTER 1340 will not meet in November because of the holiday. Christmas dinner dance tickets will be sold 9 a.m. to noon every Monday to Friday. The dinner dance is set for Dec. 9 at the Granite City Township Hall. Doors open at 5 p.m. with refreshments served at 6 p.m. All members 50 and older are welcome. For information, call 877-3620.

MEN'S FELLOWSHIP GROUP of Central Christian Church meets at 8:30 a.m. the second Wednesday of each month for breakfast and fellowship. For more information and/or location of meetings, call 931-2098.

NAVY MOTHERS CLUBS OF AMERICA meets at 7:30 p.m. the second Thursday of each month at the Veterans of Foreign Wars Post in Granite City. Mothers, fathers, daughters, wives or sisters of former and present Navy, Marines, Coast Guard or Sea Base are encouraged to join. For further information, call 931-2292 or 876-2209.

THE KOREAN WAR VETERANS ASSOCIATION meets next at 7 p.m. Nov. 9 at the Swansea Improvement Association Building, 301 Service St., Swansea. Anyone who served in Korea from 1945 to the present or anywhere during the Korean War era (June 1950 to January 1955) is eligible to join. Meetings are held the second Monday of every month.

THE JOLLY QUILTERS meets 9 a.m. to 2 p.m. every Thursday at the Social Center, 906 Thorngate Drive in Mitchell.

GRANITE CITY COMMUNITY BAND rehearsals are held 7:30-9 p.m. every Thursday in St. John United Church of Christ, 2901 Nameoki Road, Granite City. Call 931-0443.

GRANITE CHAPTER 650 ORDER OF THE EASTERN STAR meets at 7:30 p.m. the second Friday of each month at the Masonic Temple, 20th Street and Cleveland Boulevard in Granite City.

DOWNTOWN NEIGHBORHOOD RESTORATION SOCIETY meets at 8 p.m. the second Friday of each month in Granite City. Call 876-7715.

NATIONAL ASSOCIATION RETIRED FEDERAL EMPLOYEES meets at 11:30 a.m. the second Tuesday of each month at Charlie's restaurant. Lunch starts at 11:30 a.m. with meeting afterward. For information or reservations, call 452-3266 or 452-3344.

BAND PARENTS ASSOCIATION OF GRANITE CITY HIGH SCHOOL meets at 7 p.m. the second Tuesday of each month at 3101 Madison Ave. Call 451-5805.

BENEVOLENT AND PROTECTIVE ORDER OF ELKS, Granite City Lodge 1063 meets at 8 p.m. the second Tuesday of each month at the lodge on Maryville Road, Granite City. Call 931-3557.

KNIGHTS OF COLUMBUS, 3RD DISTRICT meets at 7:30 p.m. the second Tuesday of each month, 4225 Old Alton Road. Call 877-4250.

KNIGHTS OF COLUMBUS, 4TH DISTRICT meets at 7:30 p.m. the third Tuesday of each month, 4225 Old Alton Road. Call 877-4250.

GRANITE CITY KIWANIS meets at 7:30 a.m. every Tuesday at Shady St.

Seniors

PONTON BEACH SENIOR CITIZENS BINGO is held 11:30 a.m. every Wednesday, 3510 Highway 111, Ponton Beach.

PONTON BEACH SENIOR CITIZENS hold a pot luck dinner at 5 p.m. the last Saturday of each month at 3910 Highway 111 in Ponton Beach.

EAGLE PARK ACRE SENIORS OF MADISON meet from 10 a.m. to noon every Thursday at 100 Hill St. (rear), Eagle Park Acres in Madison.

FREE SENIOR CITIZEN EXERCISE CLASS meets at 9 a.m. every Thursday in Anchorage Recreation Center, 2909 Edwards.

FRIDAY AFTERNOON PINOCCHIO CLUB for seniors 55 and older meets at 12:30 p.m. every Friday at the Harold Brown Building, Franklin Avenue and Ponton Road. Call 877-0350 for more information.

Support Groups

STROKE SUPPORT GROUP, for patients, their families and caregivers, meets at 6:30 p.m. the second Wednesday of each month in Pascual Hall, St. Elizabeth Medical Center. Call 798-3018 for more information.

MULTIPLE SCLEROSIS SELF-HELP GROUP meets from 7-9 p.m. the second Thursday of each month in Pascual Hall at St. Elizabeth Medical

Center, 2100 Madison Ave. in Granite City. Call 797-2780 or 451-0728 for more information.

SOUTHERN ILLINOIS DIVORCED AND SEPARATED CATHOLICS meets at 7:30 p.m. the second Friday of each month (September through May) at St. Boniface School, 128 N. Buchanan in Edwardsville. Call 465-1463.

HEREDITARY ATAXIA (a disorder of nerve cells in the spinal cord and cerebellum) SUPPORT GROUP meets the second and fourth Friday of each month. Call Curt Williams, 877-5172, for information.

BETTER BREATHERS, a support group of those with chronic lung condition, meets at 1 p.m. the second Tuesday of each month Pascual Hall, St. Elizabeth Medical Center. Call 798-3316.

MASTECTOMY SUPPORT GROUP meets 7-9 p.m. the second Tuesday of each month at Pascual Hall, main floor in St. Elizabeth Medical Center. Call 798-3316.

Abused stray cat is cared for

Feline found in East Alton with jaw wired shut

A stray cat that recently was discovered in East Alton with its jaw wired shut is being cared for at the Metro East Humane Society shelter. The Siamese-mix cat was found last month by animal control workers in East Alton. The cat was seriously underweight. Estimated to be about 9 months old, the female cat weighed only 2 1/2 pounds. Humane Society officials said it should weigh 8 to 10 pounds. The cat was taken to a veterinarian to have the wire removed from its jaw.

"When this sweet little blue-eyed cat arrived at the shelter, she was extremely thin, flea-infested, had old spots in her ears and could barely open her mouth because of the wire in her jaw," said Jill Waggonblast, executive director of the Metro East Humane Society.

"We decided to name her Hope, because we believe she must have been hoping that someone would find her and

help her." The veterinarian who removed the wire said Hope apparently either was hit by a car or kicked in the face about three months ago, causing the broken jaw. The wire should have been removed at least several weeks ago, the vet said. Waggonblast said that's why Humane Society officials estimate the cat was on its own for three weeks or more. Hope's jaw had been broken on both sides, but only one side was wired shut. The wiring appeared to have been done by a veterinarian.

"We don't know why one side was wired only," Waggonblast said. "Because the unset side healed improperly, Hope now can only open her mouth about a quarter-inch wide. It isn't known yet how much more jaw mobility she might regain."

"She wasn't able to eat hardly anything while she was out there. That's why she was

so thin," Waggonblast said. "But she was able to drink, so she was not dehydrated." The jaw injury also has caused paralysis to the right side of Hope's face. However, Hope now is able to eat canned cat food, although she can't chew dry food. Humane Society officials are hoping that media attention about the case will help them find the cat's owner.

"If someone does recognize her or a veterinarian recognizes her as the cat they did the wiring on, we hope they will contact us," Waggonblast said.

"If no one comes forward to claim her, Hope will be cared for at the shelter until she is ready for adoption."

"We need to keep her for several weeks just to put weight on her and to monitor her health," Waggonblast said.

Sunroom can lighten your life

as it's cheaper than you think

Homeowners are striving for enlightenment. Literally. In efforts to bring more sunlight into their lives, consumers have developed a desire for larger, more dramatic windows, streamlined window treatments, and most of all, sunrooms. In fact, more than one third of new home buyers report in consumer surveys that sunrooms are the most desirable element in a new home.

Human beings are innately drawn to the natural light provided by sunrooms. Sunlight can actually enhance our moods, improve our health and boost our energy level by 24 percent according to Men's Health and Current Health magazines. "It's no wonder that sunroom owners find that they use their rooms more than they thought," says Rick Jones, president of Patio Enclosures Inc. "They are physically attracted to the natural sunlight."

The number one reason homeowners report to add a sunroom is for relaxation, according to a 1995 customer survey by Patio Enclosures Inc. The benefits of sunlight combined with the all around view of nature provided by a sunroom offers a unique, soothing environment where homeowners can get away from it all.

The second most cited reason homeowners add a sunroom is for added living space, reports Patio Enclosures Inc. Although the average size of a sunroom is 12 feet by 14 feet, larger than

many rooms, they can be most any size. Sunrooms are a great way to add a family room, expand a kitchen, create a home office or attain any type of needed space. Whether added as a separate room or created by enclosing a rarely used porch or deck, sunrooms always add comfortable, productive living space.

The cost of a sunroom ranges from only 20 percent of the cost of a conventional room addition. Costly foundations are not always required. A wooden deck or concrete slab are often sufficient to support a lightweight glass-enclosed room. Many times a sunroom can be created by utilizing a roof overhang or enclosing an existing porch with a rolling window or door system. If there is a doorway to the new room, cutting into siding and roofing is not required. In most cases construction can often be completed in days rather than the weeks or months required for conventional building.

A sunroom can suit most any lifestyle. Whether you want to create a sunroom family area off the living room, a cheery breakfast nook to brighten the kitchen, a spacious dining area for family get-togethers or a romantic spa enclosure for star gazing, a sunroom can be designed to meet most any homeowner's desire. Because sunrooms can be insulated for year-round comfort they can be used for most any activity. Unique uses for sunrooms include home offices, exercise

rooms, music rooms and winter gardens.

A sunroom can be a simple screen porch, an unheated three-season sunroom or a year-round room built with insulated glass. Many homeowners simply opt to enclose an existing porch or deck with rolling glass units to create their sunroom. Others add one on the outside wall of their home. "Sunrooms can now be easily customized to complement the colors, design and architecture of any home," reports Jones. "Homeowners have the option of all-glass roofs with strategically placed glass panels and more. All options offer expanded living space, natural sunlight and a serene environment—characteristics that have made sunroom additions so popular."

Unlike the leaky, hot structures of the past, today's sunrooms incorporate advanced technology in glass and ventilation systems to help control the temperature of the room. Insulated styles can be heated in the winter months and cooled in summer for comfort throughout the year. High tech shading systems also help homeowners save on energy costs. They also provide the ability to create various moods by blending lightscaping with privacy. The comfort and care-free maintenance of today's sunrooms make them a more practical and popular option than in the past.

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Heart-y Bites

Add color to plate and texture to food
See Page 2

Food & Nutrition

Wise Ways

To add the 'P.S. I love you' to a college 'come-body', provide a snack diversion that is not just fun, but also holds nutrients.
INSIDE

Blue Ribbon Cook

Winning recipe holds flavors of cookie baker's favorite candy.
INSIDE

Private Label Test Run

'Healthy Recipe' soups offer less fat more economically.
INSIDE

Micro Raves

Peanut butter in varied tastes and textures holds individual grounds for being a favorite food.
INSIDE

Kids' Cuisine

Even if a child is not a proficient athlete, it is important to give him or her positive feedback for participation. Eating healthy foods is a major part of success in these endeavors, too. It also can give a member of the team who may not star an opportunity to shine. That person can occasionally be in charge of the cut-up oranges or other foods or beverages a team brings to its practice or game. Once the season for soccer and football passes, it may be helpful to a child who develops at his own speed to find opportunities to learn about and participate in other sports, like tennis, swimming and running, that hold more opportunity for individual statistics and excellence.

Health & Fitness

Medicine Chest

Awareness of breast cancer risks can lead to early detection and better results from treatment.
INSIDE

Fresh Picks

Fresh white mushrooms are an easy extra to add to dishes. Need help in moving beyond mom's usual combinations? Try adding them to these: stuffed peppers or cabbage, chicken pot pie, macaroni and cheese, pot roast gravy, sloppy joes, chili, stuffing, franks 'n' beans, red beans and rice, lasagna, meatballs and spaghetti, beef stew, vegetable soup, bean salad, tuna casserole. They can be quartered, halved, sliced or minced as an ingredient or stuffed to stand on their own.

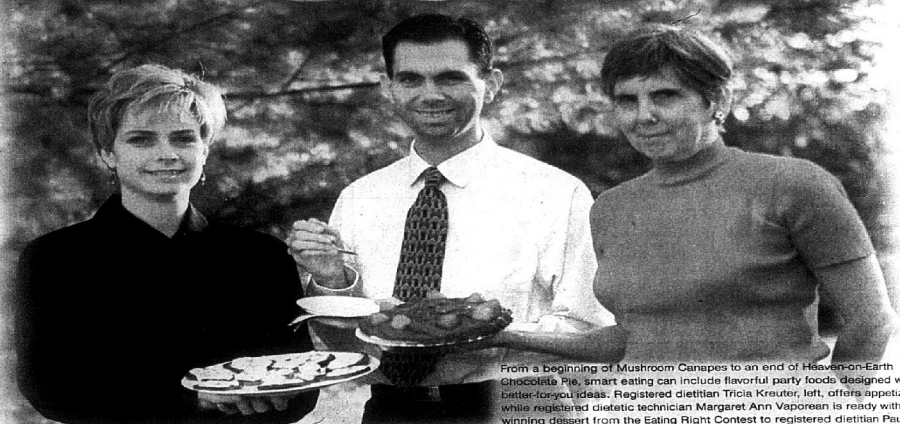
Big Fat Tip

Sometimes it is not what goes on the main part of the plate, but what surrounds it that makes or breaks the healthy slant of a day's eating lineup. Choose extras, not as fillers, but as important variables to a healthy combination of foods. If calcium usually comes up short, choose fat-free milk, yogurt or calcium-fortified juice as part of a meal or for a snack. Rather than filling the edge of a plate with fried potatoes and butter-drenched foods, let fresh fruit and steamed fresh vegetables round out meals. For sandwiches, use whole grain breads. There is no insignificant food, when science continually exposes the truthfulness of the adage, 'You are what you eat.'

Future Shop

Start holiday meal planning early. Instead of waiting until the week before a party, ask people now to suggest a traditional family food they are willing to bring. If they have a recipe for it, invite them to share it so a collection of recipes can be handed out at an event when everyone asks for the recipe for Aunt Edna's punch, Grandmother's sage dressing and the Best Cookies on Earth.

Feast



From a beginning of Mushroom Canapes to an end of Heaven-on-Earth Chocolate Pie, smart eating can include flavorful party foods designed with better-for-you ideas. Registered dietitian Tricia Kreuter, left, offers appetizers while registered dietetic technician Margaret Ann Vaporesen is ready with the winning dessert from the Eating Right Contest to registered dietitian Paul Ott.

Ladle wise flavors from horn of plenty

By Janice Denham
Staff writer

Celebrations bring out the best foods. Entries in this year's Eating Right Contest were hearty and full of flavor. Winners reflect a party mood with festive foods that

seem familiar, yet have a modern look.

The contest is sponsored by the American Heart Association, Greater St. Louis Division, and Suburban Journals. Judges feel the array of winners is a good combination that could stand on its own at any meal or party.

It would begin with Mushroom Canapes, an appetizer submitted by Myra Grossman, Creve Coeur. With a cheese mixture served on hearty rye bread, only one or two of these should be needed for a filling hors d'oeuvre. Contrasting textures and flavors are complementary.

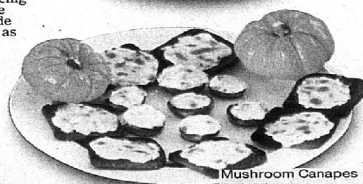
The recipe's tester dreamed of slicing away more fat. On the day they were photographed, the canapes were made with fat-free cream cheese, warmed as directed and broiled less than a minute for extra eye appeal.

Other ideas for the recipe include adding more mushrooms, sauteing them in no or minimal fat and using it as a sandwich filling. Another tester filled individual mushroom caps with 1 to 1-1/2 teaspoons of the mixture before warming them according to the directions. Another suggestion was to serve the warm filling in a giant portabella mushroom cap, using the

See EATING RIGHT, Inside TODAY'S FOOD Page 2



Heaven-on-Earth Chocolate Pie



Mushroom Canapes

Photos by Tim Nordmann

LIVELY TASTE Dutch Apple Pannekoecken



Preheat oven to 400 degrees. Generously grease 9-inch pie plate.

Mix 1/4 cup packed brown sugar and 1/4 teaspoon cinnamon. Toss with 2 medium cooking apples, thinly sliced. Set aside.

In saucepan, heat 1/3 cup water and 2 tablespoons margarine or butter to boiling. Reduce heat to low. Add 1/2 cup baking mix. Stir vigorously until mixture forms ball. Remove from heat. Beat in 2 eggs, one at a time. Continue beating until smooth.

Spread batter in bottom of prepared pie plate. Arrange apple on top to within 1 inch of edge. Bake in preheated oven about 23 minutes until puffed and edge is golden brown.

Cut in 6 wedges. Serve immediately. **Honey Apple Syrup.** In small saucepan, heat 1/2 cup honey and 1/4 cup apple juice. Keep warm. In large nonstick skillet over medium-high heat, melt 2 tablespoons butter or margarine with 1/4 cup honey. Add 2 crisp red apples, sliced. Cook and stir about 4 minutes until apple is lightly caramelized and tender-crisp. Serve over slices of Dutch Apple Pannekoecken or hot waffles.

Rainbow dinner meats brighten foods' appeal

By Terri Edelstein
Correspondent

It happens once in a while. What is low-fat, delicious and white all over? A drab, single-colored meal.

HEART-Y BITES

Friends stopped by for a quick visit that stretched into dinnertime, so we invited them to stay. With few groceries on hand, our meal included a plate of pasta with light, low-fat cheese sauce and cauliflower. My memory bank tuned in a picture of my home economics teacher shaking her finger at us for that pale palette. Luckily, our friends came to the rescue. Barry spiced a large tomato, diced it and tossed it with the pasta. Jean snipped fresh basil and stirred it into the sauce. The cauliflower came alive while sautéing in chicken broth with a pinch of golden saffron. My husband added a final flourish with a pepper mill. Suddenly, the dull display dazzled. Aesthetics and balance are paramount to an enticing meal. When it comes to enticing the imagination, color, texture, temperature and taste are

as important as nutrition. Our monotone dinner was heart-healthy and tasted fine, but a little jazz made it sing.

Consider spiciness. Unless those eating are used to the psychedelic tones of hot pepper, raw onion, garlic and anchovies, it may be better to work the palate in pastels. To do this, balance these ingredients with milder ones. For instance, a spicy gazpacho or enchilada is tempered by a cool dollop of yogurt or fat-free sour cream or can be served with fresh fruit and some form of bread.

Textures also should vary. Only babies and people dentally challenged appreciate a meal of tomato juice, split pea soup and chocolate pudding. Add a few crackers to the soup, plus fresh tomato wedges and a low-fat brownie to create a perkier lunch. Our meal closed with dessert. A can of cherry pie filling heated with a splash of orange liqueur made a luscious, colorful topping for — what else? — white angel food cake.

Registered dietitian Terri Edelstein is a former member of the nutrition committee of the American Heart Association, Greater St. Louis Division.

GNOCCHI ROMANO WITH BASIL

8 oz. uncooked gnocchi or other shell pasta
2 tbsp. flour
1/2 tsp. onion powder
1/4 tsp. salt

1 cup evaporated skim milk
1/2 cup dry white wine
6 tbsp. grated romano cheese

2 tbsp. packed, chopped fresh or 2 tsp. dried basil
1 large tomato, diced
Freshly ground pepper

Cook pasta according to package directions.

In medium saucepan, combine flour, onion powder and salt. Whisk in milk and wine. Over medium heat, cook and stir until mixture thickens and bubbles. Remove from heat. Stir in basil.

Drain pasta. Toss with tomato. Serve immediately with cheese sauce. Pepper to taste.

Makes 4 servings; 338 calories, 4 g fat, 16 g protein, 8 mg cholesterol, 55 g carbohydrate and 364 mg sodium each.

Women must be aware of breast cancer risks

By Rebecca Coley
Correspondent

Breast cancer always warrants candid discussion among women. While heart disease is still the No. 1 killer of women, they say they fear breast cancer more than heart disease, osteoporosis, uterine cancer or depression.

MEDICINE CHEST

Some women are well informed about breast cancer and its risks, but others could understand their full risk better to take charge of checking for it themselves.

Risk factors for breast cancer include family history, older age and previous history of breast cancer. What a person eats has not been confirmed yet as a risk factor for breast cancer. The U.S. National Cancer Institute estimates as many as 29 million

women are at higher-than-average risk of developing breast cancer.

In a recent survey of 854 women, Opinion Research Corporation found only 30 percent of women get annual mammograms. However, 50 percent of the women said they would make a conscientious effort to get one if a physician told them they were at high risk.

Concern over breast cancer is greatest among women in their 40s and 50s. What is interesting is that women in their 60s are a higher risk, yet appear to be less informed of the risk and less concerned it. More than three-fourths of breast cancers are found in women over the age of 50.

Breast cancer is the most common form of cancer in women, so it is worth attention and discussion. More than 178,000 new cases of

breast cancer will be diagnosed this year, many of them because women have found a lump in a self-exam or normal movements, such as while taking a shower. Because of the age factor, even older women should be aware of changes in their bodies.

It is encouraging that treatment of breast cancer has improved dramatically over the last 10 years. Another new treatment was just approved in September. With early detection and prompt treatment, the five-year survival rate is 97 percent.

Registered pharmacist Rebecca Coley is a board member of the Saint Louis College of Pharmacy Alumni Association. Questions for her to answer in can be e-mailed to her at recoley@hismail.com or sent to: Medicine Chest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

Eating Right

Continued from page 1
stem in the cream cheese mixture.

Heaven-on-Earth Chocolate Pie from Maria Eberhardt, Barnhart, won the unanimous endorsement of a group of tasters. It uses a prepared reduced-fat graham cracker crust, with a fluffy layer of cream cheese on the bottom, sliced strawberries in the middle for a surprise and creamy chocolate pudding on top. For neatness, each slice should be cut while very cold with a clean knife.

One center section between these two bookend dishes is filled by colorful Wild Rice and Caramelized Onion Sauté from the rice category. Onions can be caramelized while the rice cooks. The texture and color are enhanced with the addition of dried sweetened cranberries.

The vegetable category proves just how many green and orange vegetables grow. Besides using a variety of summer and winter squash recipes, there were recipes for broccoli, green salad, sweet peas, green beans, bell pepper, cabbage and carrots.

WILD RICE AND CARAMELIZED ONION SAUTE

2 cups low-fat chicken broth
1/2 cup uncooked brown rice
1/2 cup uncooked wild rice
3 tbsp. olive oil
3 medium onions, sliced in thin wedges
2 tsp. brown sugar
1 pkg. (6 oz.) sweetened dried cranberries
1/2 tsp. finely grated orange zest

In medium saucepan, bring chicken broth and brown and wild rice to boil over medium-high heat. Reduce heat to low. Simmer, covered, 45 minutes or until rice is tender and liquid is absorbed.

Heat olive oil in medium skillet over medium-high heat. Cook onion and brown sugar 6 minutes or until liquid is absorbed and onion is translucent.

Reduce heat to low. Slowly cook onion, stirring often, 25 minutes or until caramelized. Stir in dried cranberries. Cook, covered, over low heat 10 minutes or until cranberries swell.

Gently fold cranberry mixture and orange zest into cooked rice.

Makes 6 servings; 211 calories, 8 g fat (2 g saturated).

The winner from Cindy Blocher, St. Charles, is for Brussels sprouts. The recipe's tester likes its stir-frying technique. Slicing the vegetables minimizes cooking, keeps color intact and flavor light, rather than the strong "cabbage" flavor often associated with this vegetable.

A bit of parmesan cheese is all that is needed for seasoning and a touch of red onion and prosciutto

give color contrast. Co-chairs of the contest for the heart association were Connie Diekmann and Paul Ott. Testers included Margaret Ann Vaporean, Tricia Kreuter, Susan Price and Jean Downey, members of the local group's nutrition committee. Each category winner received a gift certificate from Shop 'n Save and copy of the American Heart Association Cookbook.

HEAVEN-ON-EARTH CHOCOLATE PIE

4 oz. fat-free cream cheese, softened
2 cups plus 1 tbsp. nonfat milk
1 packet sweetener
1 carton (8 oz.) nonfat frozen whipped topping, thawed
1 (6 oz.) reduced-fat graham cracker pie crust
2 boxes (4 servings each) sugar-free chocolate pudding
Fresh strawberries, sliced and whole

In large bowl, whisk together cream cheese, 1 tablespoon milk and 1 package sweetener until smooth. Gently stir in 1 1/2 cups whipped topping.

Spread mixture on bottom of crust. Add layer of strawberries.

Pour 2 cups cold milk into bowl. Add pudding mix. Beat with whisk until well mixed and thickening. Immediately stir in remaining whipped topping.

Spread pudding mixture over berries. Garnish with whole fresh berries. Refrigerate at least 4 hours until set.

Makes 8 servings; 210 calories, 5 g fat (less than 1 g saturated), 1 mg cholesterol and 279 mg sodium each.

BRUSSELS SPROUTS SUPREME

1 lb. Brussels sprouts
2 thin slices prosciutto ham, chopped
1/4 cup chopped red onion
1 clove garlic, minced, or 1 tsp. minced garlic
1 tsp. olive oil

Remove and discard stems from clean Brussels sprouts. Peel off leaves and slice sprouts.

In hot olive oil, sauté ham, onion and garlic 3 to 5 minutes until just heated. Add Brussels sprout leaves and slices. Cook 3 to 5 minutes longer.

Serve vegetables on platter with sprinkle of parmesan cheese.

Makes 4 servings; 66 calories, 2.5 g fat (less than 1 g saturated), 2 mg cholesterol and 135 mg sodium each.

MUSHROOM CANAPES

4 oz. mushrooms, thinly sliced
2 tbsp. margarine
1 pkg. (8 oz.) neufchatel (light cream) cheese, softened
2 tsp. minced onion
Pepper to taste
1 cup (4 oz.) shredded mozzarella cheese
Cocktail rye bread

Preheat oven to 350°. Heat margarine. Sauté mushrooms 5 minutes. Combine cream cheese, onion and pepper. Gently combine with mushrooms.

Spread cheese mixture on individual slices of rye bread. Place on cookie sheet. Sprinkle tops with mozzarella cheese. If desired, cover and refrigerate until needed.

Bake in preheated oven 5 minutes until cheese is soft. Serve hot.

Makes about 20 appetizers; 67 calories, 4 g fat (2 grams saturated), 1 mg cholesterol and 152 mg sodium each.

Notes: Fat and cholesterol can be reduced much further by using nonfat cream cheese, sautéing in less or no margarine, and increasing mushrooms and onion.



Cool weather calls for soup in its many flavors, including those eaten straight from the can for lunch and others used in cooking and casseroles.

Soup lightens budget, meals

Many people use lower-fat foods and ingredients, in spite of higher prices. Consumers often appreciate a little help in the budget when it comes from a product they use regularly.

PRIVATE LABEL TEST RUN

A can of Schnucks "healthy recipe" condensed soup, at 89 cents, costs 16 cents less than a national brand. It is on the shelf in tomato, cream of chicken, cream of mushroom and chicken noodle varieties. Testers gave every variety high marks in quality. As far as the healthiness of the "healthy recipe" line, a big saving is sodium, with most of them containing about half as much as the regular variety.

The lighter version of cream of mushroom soup has 2.5 grams fat per serving in a can that is expected to give 2 1/2 servings. This compares with 7 grams fat the regular soup. Cream of chicken soup had a similar nutritional profile.

"I checked out both of them," a tester said. "They tasted just like other light varieties. I used the cream of mushroom with green beans and it gave the expected results. The cream of chicken

(soup) smells very chicken-y when you open it. I would be hard pressed not to buy it, given the price."

The tomato soup drew applause as well. Its tester rated it a "very good."

"Schnucks brand tomato soup poured from the can as if it had been diluted — not thin — but not like some that was so 'starchy' it had to be cut. The taste was mild, the way I like it, and not so much acid that it cut my tongue," she said.

The label for the tomato soup states a serving has 40 percent of the daily value of vitamin C, a bonus for some people, as well, it was noted.

Labels on the chicken noodle soup contained a surprise. The "healthy recipe" soup contains slightly more fat than either the national brand's healthy or regular soups — 2 grams versus 2 1/2 grams.

"This lower-sodium chicken noodle soup is just delicious though," a tester said.

"It's much better than the regular. Its noodles are fatter and uneven, giving more of a homemade feel, plus there are little bits of carrot that you can see and sometimes taste. I'll start buying this to have on hand at work for lunch," she said.

Recipes

SQUASH BISQUE

1 pkg. (12 oz.) frozen cooked squash
1 tbsp. butter or margarine
1 medium onion, finely chopped
1 tsp. minced ginger root or 1/2 to 1 tsp. ground ginger
1 can (1 1/2 oz.) chicken broth
1/2 tsp. salt
1/8 to 1/4 tsp. white pepper
2 tbsp. sour cream
Fresh thyme sprigs

Cook squash in microwave oven 3 to 5 minutes to thaw. If using uncooked squash, cook and mash. In saucepan, melt butter. Sauté onion and ginger over medium heat, stirring occasionally, 5 minutes. Add squash, chicken broth, salt and pepper. Bring to boil. Reduce heat. Simmer 5 minutes. Garnish individual servings with thyme. Makes 4 servings.

GARLICKY, MUSTARDY PORK CHOPS

Combine 3 tablespoons honey-Dijon mustard, 2 tablespoons olive oil, 1 teaspoon garlic pepper and 1 teaspoon crushed dried rosemary.

Broil 4 pork chops, about 3/4-inch thick, 4 to 5 inches from heat 5 minutes on each side.

Spread seasoning mixture on pork chops during last 2 minutes of broiling on each side.

Makes 4 servings; 280 calories, 19 g fat, 65 mg cholesterol, 340 mg sodium, 3 g carbohydrate and 23 g protein each.

Heartfelt sharing warms loving holiday season

GREEK PITA OR WRAP

Toss crumbled ground beef, cooked, with crumbled feta cheese, chopped red

onion and a sprinkle of Greek seasoning.

Stuff mixture into warm pita pockets. Serve with sauce of plain yogurt mixed

with chopped, seeded cucumber. Another way to serve the ground beef mixture is to wrap it in warm pita bread without pockets.

Many people find Christmas to be a happy time of year, because it is a time for sharing. While everyone enjoys the good food and gifts, it's the warmth, kindness, generosity and love of the season that people remember.

One of the best ways to express these feelings to friends, loved ones and even those less fortunate is with a personal, handmade gift. A box filled with candies or homemade cookies, a simple doll or a hand-painted ornament or hand-written card says

"you're special" better than anything found in a store.

Nineteen cheerful holiday painting projects (plus two soft dolls) are great gifts to make from a new 50-page guidebook, "Country Junction Kinda Christmas."

The book includes full-size patterns, step-by-step instructions and materials list for all 21 projects, as well as a section on general supplies and instructions, a source list and a paint color conversion chart.

Designs include a candle box and a Warm 'n' Tasty cookie box, a Goodies for

Santa cookie plate, 1 Love Gingerbread and Shelter a Friend dolls, plus 16 other ideas. The "Country Junction Kinda Christmas" guidebook, No. BR3, costs \$14.95.

To order by mail, clip this story and send it with check or money order to: U-Bild Features, c/o Suburban Journals of Greater St. Louis, P.O. Box 2333, Van Nuys, Calif. 91409. To order by credit card, call toll-free 1-800-828-2453. The U-Bild web site is www.ubild.com.

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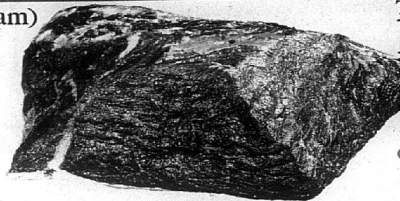
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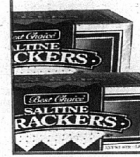
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Today's Food

Many children stuck by peanut butter as standard

By Barb Gray
Correspondent

Peanut butter is the mere blend of peanuts that are shelled, roasted, blanched (the skin and germ of the

seed removed), then ground. Small amounts of salt and hydrogenated vegetable oil are added. Sometimes dextrose, which absorbs oil, is added, too. Look on supermarket

shelves and words and phrases — like creamy, crunchy, extra crunchy, chunky, very low sodium, whipped to make it spread more easily, reduced-fat, plus strawberry and grape

goober (jelly is mixed with the peanut butter) — create a wonderland of choices. Certified family and consumer scientist Barb Gray specializes in microwave cooking.

Soothe frantic college call

By Cynthia Fauser
Correspondent

College kids love mail, especially packages. Opening a bit of home helps when school pressures build. By now exams and term paper deadlines are piling up, somehow always landing on the same day. The midnight oil begins to smoke.

WISE WAYS

College parents guess when the time is right for a "care package" when the weekly phone calls start to sound frantic. Mailboxes full of solicitations from school fund-raisers to order their care packages are another tip-off. They are usually expensive, but an easy solution if the cause is worth supporting.

Still, the offerings, mostly candy, fall short in currying for a student's nutritional needs. Registered dietitian Cynthia Fauser is nutrition specialist with University Extension (University of Missouri system) in St. Louis County.

APPLESAUCE RAISIN OATMEAL BARS

- 1 cup shortening
- 1 cup packed brown sugar
- 1/2 cup granulated sugar
- 2 eggs
- 1 tsp. vanilla
- 3/4 cup applesauce
- 1 1/2 cups flour
- 1 tsp. baking powder
- 1 tsp. cinnamon
- 1/4 tsp. salt
- 3 cups uncooked oats (not instant)
- 1 cup raisins or other dried fruit
- 1 cup chopped nuts and/or coconut, if desired

Preheat oven to 350°. Grease 13-by-9-inch pan. Cream together shortening, brown sugar and granulated sugar. Mix in eggs, vanilla and applesauce. In another bowl, stir together flour, baking powder, cinnamon and salt. Add to creamed mixture. Stir in oats, raisins and nuts. Spoon batter into prepared pan. Bake in preheated oven 30 to 35 minutes until golden brown. Cool completely. Cut in bars. Store in airtight container.

Cookie pushes 'on' button for extra chocolate

Maryann Strom, Creve Coeur, is this week's winner of dinner certificates to the Pasta House Co. for Chunky Cookies.

BLUE RIBBON COOK A youthful fondness for Chunky candy bars, a block of chocolate loaded with raisins and pecans, inspired her to transfer the flavor and feel of the candy to an easy-to-make chocolate cookie recipe. She gave extra punch to the cookies, soft with sour cream. She likes their taste either right out of the oven or after they are stored in the freezer. In honor of the coming holidays, this month's contest is open to red or green foods. Many tables are resplendent in a seasonal array of festive colors. From cranberry relish to Italian salad with pimientos, broccoli antipasto to cherry gelatin salad, spinach fettuccine to berry punch, whatever recipe fits the color scheme can be sent by Nov. 30 to: Red or Green Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis 63131.

CHUNKY COOKIES

- 2 eggs
- 1 cup granulated sugar
- 1 cup packed light brown sugar
- 1 tsp. vanilla
- 1 cup sour cream
- 1/2 cup (1 stick) butter, melted, cooled slightly
- 1/2 cup shortening, melted, cooled slightly
- 2 1/2 cups flour
- 1 cup cocoa
- 1 tsp. baking powder
- 1/2 tsp. baking soda
- 1 cup baking raisins
- 1/2 cup chopped pecans
- 1/2 cup chocolate chips

Preheat oven to 325°. Grease cookie sheets. In large bowl, beat eggs, granulated and brown sugar and vanilla. Blend in sour cream, butter and shortening. In another bowl, stir together flour, cocoa, baking powder and baking soda. Add to sugar mixture. Stir in raisins, nuts and chocolate chips. Drop dough by tablespoon onto prepared cookie sheets. Bake in preheated oven 10 to 12 minutes until just set. Cool slightly. Remove from cookie sheets. Cool completely on wire racks. Yields 6 dozen cookies.

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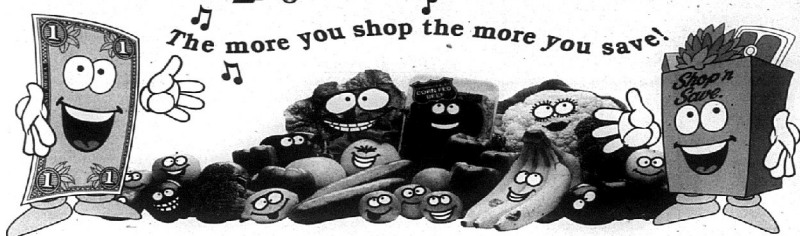
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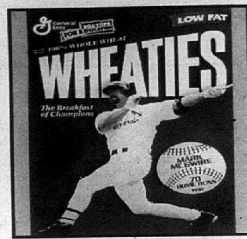
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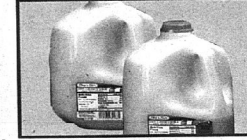
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Karo
Syrup

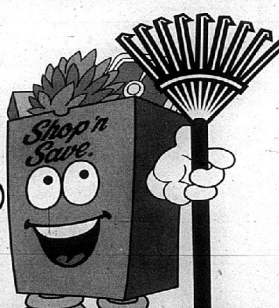
129
16-OZ. BTL.



Argo Corn
Starch

89¢
16-OZ.
PKG.

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Golden Griddle
Syrup

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24-OZ. BTL.



ORIGINAL OR OLIVE OIL
Mazola
Pro Chef Spray

229
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SQUEEZE
Dijonaise
Mustard

159
12-OZ. BTL.



CREAMY OR CRUNCHY
ORIGINAL OR REDUCED FAT
Skippy Peanut Butter

2/\$3
18-OZ.
JAR



Mazola
Corn Oil

249
48-OZ.
BTL.



SWEET PEAS, WK CORN, CUT OR FRENCH
STYLE GREEN BEANS OR SAUERKRAUT
Shop 'n Save
Vegetables

4/\$1
14-15.25
OZ. CAN



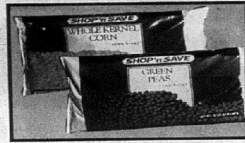
REGULAR OR SPIRAL
Shop 'n Save
Macaroni & Cheese

4/\$1
6-7.125 OZ.
BOX



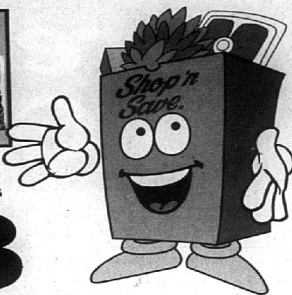
CHICKEN NOODLE
Shop 'n Save
Soup

3/\$1
10.5 OZ.
CAN



CORN, PEAS OR MIXED VEG.
Shop 'n Save
Frozen Vegetables

2/\$3
2-LB.
BAG



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Apple Juice..... **200**

STEMS & PIECES
Shop 'n Save
Mushrooms..... **2/\$1**

WHOLE PEEL
Shop 'n Save
Tomatoes..... **3/\$1**

SHOP 'N SAVE
Wheat
Sandwich Bread **99¢**

BROWN N SERVE
Shop 'n Save
Rolls..... **99¢**

PREMIUM
Shop 'n Save
Coffee..... **2/\$4**

Shop 'n Save
Coffee Creamer..... **100**

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Vinegar..... **2/\$1**

Shop 'n Save
Tomato Sauce... **6/\$1**

Shop 'n Save Real
Chocolate Chips **89¢**

Shop 'n Save
Oyster Crackers... **2/\$1**

1-OZ. CHILI MIX OR
Shop 'n Save
Chili Beans..... **4/\$1**

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Shop 'n Save
Olives..... **2/\$1**

SHOP 'N SAVE
Cranberry
Cocktail..... **300**

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Shortening.... **99¢**



HYDROX OR
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Fudge Cookies **2/395**

Keebler Deluxe
Grahams..... **225**

KEEBLER
Townhouse
Crackers..... **228**

ASSORTED VARIETIES
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Cheez-It
Party Mix..... **225**

ORIGINAL DOUBLE CHEESE
OR BIG SUNSHINE
Cheez-It
Snack Bag.... **3/495**

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597
12-N/R
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Busch Light..... **517**

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Best..... **697**

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Heineken..... **499**

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Coors Light... **997**

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Ice House..... **499**

Zima..... **447**

Stag..... **477**

REGULAR OR LIGHT
Corona Extra..... **897**

Gordon's
Vodka..... **999**

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Jose Cuervo
Authentic..... **887**

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Don't Drink
& Drive

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White Zinfandel **2/699**

ASSORTED VARIETIES
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Wine..... **2/\$7**

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Gin..... **789**

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PKG.

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Colgate
Toothbrush..... **188**

DEODORANT OR
ANTIPERSPIRANT
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Alka Seltzer
Plus..... **2/\$5**

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Summer's Eve
Disposablé-Douches **99¢**

CONDITIONER OR
Jhirmack
Shampoo..... **199**

MOUSSE, HAIRSPRAY, GEL OR
GEL & MOUSSE
L.A. Looks
Styling Products **149**

TABLETS, CAPLETS OR
MIGRAINE TABLETS
OR CAPLETS
Excedrin **379**

Duraflame
Firelog..... **99¢**

Duraflame
Fire Starts..... **88¢**

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2-THIGHS & 2-LEGS
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8-PIECE



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Fresh Baked
Bagels

4/99



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Yellow Fin
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lb.

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Provel
Cheese..... **499**

GARLIC OR MESQUITE
Emmber's
Roast Beef..... **499**

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Boiled Ham..... **299**

Baked Daily
Sub Buns..... **99¢**

FRESH BAKED
Apple
Pies..... **2/\$5**

White
Hot Bread..... **159**

MILD FRESH
Tilapia
Filletts..... **399**

Battered
Cod Portions..... **199**

FLAKES OR STICKS
Kanimi
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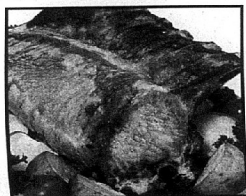
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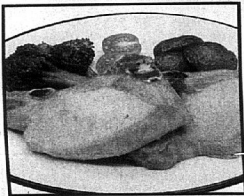


RIB OR LOIN END
Pork Loin Roast

139
lb.

1/4 PORK LOIN SLICED INTO
Pork Chops..... **159**
lb.

FAMILY PACK
Lean Beef Stew..... **199**
lb.

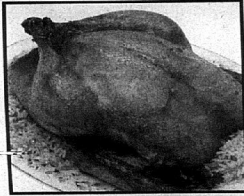


FAMILY PACK
Center Cut Rib Pork Chops

199
lb.

ALL VARIETIES
Jimmy Dean Pork Sausage..... **2/\$4**
lb.

BREAST CUTLETS OR
TENDERLOINS
Perdue Fresh Turkey..... **299**
lb.

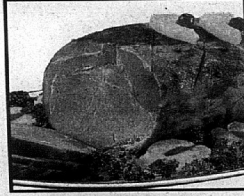


5-6 LB. FROZEN
Townsend Farms Baking Chicken

59¢
lb.

CHOPPED HAM OR
Oscar Mayer Ham & Cheese... **2/\$4**
lb.

REGULAR OR CHEESE
Louis Rich Turkey Franks..... **2/\$3**
lb.

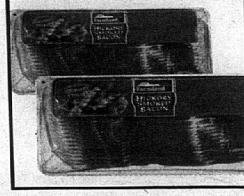


SLICED FREE!
Hunter Whole Boneless Ham

119
lb.

Freezer Queen Family Entrees **199**
20-62 PKG.

BROWN N SERVE
Swift Sausage Links..... **99¢**
lb.



Farmland Sliced Bacon

149
1-LB. PKG. LIMIT 2

ASSORTED VARIETIES.
DREADED
Corton's Fish Fillets..... **2/\$6**
62 PKG.

FAMILY PACK
USDA CHOICE CORN FED BEEF
Mock Tender Steaks..... **199**
lb.

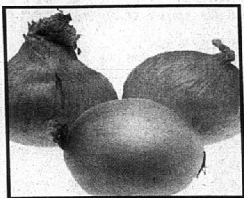


MICHIGAN, JONATHAN,
Red or Golden Delicious Apples

198
5 POUND BAG

1 1/2-2 1/2 SIZE
WASHINGTON STATE
Red or Golden Delicious Apples... **78¢**
lb.

Fresh Kiwi Fruit..... **5/98**

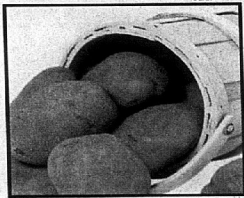


Medium Yellow Onions

78¢
3-LB. BAG

Dole Greener Selection Salad... **2/\$3**
12 PKG.

Mann's Vegetable Medley... **198**
1-LB. PKG.

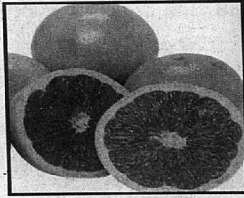


U.S. NO. 1
Russet Potatoes

298
20 POUND BAG

BUNCHES
California Green Onions... **3/98**

Louisiana Sweet Yams..... **48¢**
lb.

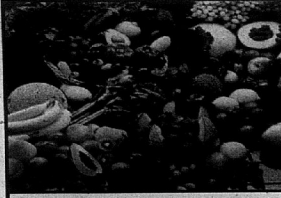


48-COUNT SIZE
Florida Red Grapefruit

5/98

SALTED OR PLAIN
Gary's Roasted Peanuts..... **198**
PKG.

Golden Crown Apple Cider..... **198**
GALLON



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lb.
FRESH Bean Sprouts **78¢**
lb.
FRESH Kohlrabi **98¢**
lb.
FRESH Ginger Root **298**
lb.
QUAIL MOUNTAIN Fresh Herbs **198**
1-LB. PKG.

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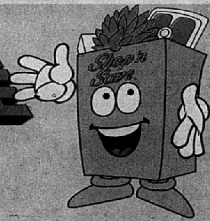
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Automotive

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Ford updates Windstar with four doors, added luxury

By Tom Strongman

Engine: Ford's Windstar finally has four doors. But changes for 1999 go much deeper. A fairly major restyle gives it a lighter, livelier look and a top-line luxury model, the SEL, was created to compete in the upper echelon of the minivan segment.

Transmission: Automatic

Wheelbase: 120.7 inches

Base Price: \$31,995

Price as Driven: \$31,565

MPG Estimate: 17 city, 24 highway

From its introduction in 1995, the well-executed minivan has been one door short of its competition, but now it goes one step further by adding a power option to both sliding doors. Adding the extra door required substantive structural changes, and the body now is 26 percent stiffer torsionally and 33 percent more resistant to bending. A quieter ride and fewer vibrations are side benefits as well. The fresh styling includes a front end with shorter overhang, bigger headlights and a bright chrome grill on the SE and SEL. This new face carries a bit of Ford's "New Edge" look and does away with the droop-snout look of the former model. Lower-body panels are trimmed with chrome on the SEL, and all versions have their muscular rear-wheel bulges accentuated, as well.

Power plants remain the same: a 150-horsepower, 3.0-liter V-6 and a 3.8-liter V-6 with split-injection system and 200 horsepower. Prices range from \$24,240 for the LX to \$30,995 for the SEL, which is the

model I drove. A basic model with the smaller 3.0-liter engine starts at \$20,800, but most buyers will prefer the larger engine and more standard equipment.

Our pre-production SEL, a black-over-silver full-luxury model that has been created to compete with fancy vans such as Chrysler's Town & Country LXI, was as cushy inside as a limousine. There were seats for seven 1/2 four buckets and one bench 1/2 and all were covered in light-gray leather. Rear heating/cooling was standard, with outlets in the ceiling as well as separate back-seat controls. Other items included power side doors, back-up sensors, anti-lock brakes and side air bags built into the front seats.

The power doors can be operated from two locations inside the vehicle as well as with the keyless remote. We were entertaining some visitors from Russia on a recent Saturday and they were absolutely fascinated with the power doors. Vehicles like the Windstar are extremely rare in their home country, and they loved it. Putting seven full-size adults inside was a tight squeeze. Both the middle captain's seats and the third-row bench are adjustable fore and aft for leg room, which helps.

The backrest of the third seat folds forward should you need the space. If you want to haul large things, however, the third seat has to be removed, which is not exactly a one-person task.

While the 200-horsepower engine has adequate power for most situations, it felt a bit sluggish for hauling seven adults. The Windstar has always handled well, not only in turns but on the highway where it rides with luxury-car comfort. With seven aboard, however, its responses were less than sharp, but that is to be expected.

The instrument panel remains much the same as before in general configuration. The radio is new, as is the front/rear heating/cooling control. A large cup holder slides out of the dash, and there are others throughout the vehicle.

Other new things: A reverse sensing system (\$245) consists of four sensors in the back bumper that detect obstacles within 6 feet. As you back up, warning beeps grow closer together until there is a steady tone when the vehicle is within 10 inches of the object. Since seeing out the back of minivans is challenging, and since they are used by so many families, this system adds a welcome level of security. The system was very sensitive. It even beeped when I backed down a moderately sloped drive, for example, and there was nothing to hit.

The second-row bench seat can be placed on either left or right side, giving owners the option of having the aisle to the third seat on either side.

Front seat passengers can listen to the radio or stereo cassette while back-seat passengers listen to CDs, and vice versa.

The doors won't lock if they are shut while the key is in the ignition.

Front brakes have larger rotors, twin-piston calipers and a bigger reservoir for better response with less pedal effort.

These updates give the Windstar a new character and fix its former shortcomings. Now, if it just had a third seat that folded into the floor instead of having to be removed.

The base price of the Windstar SEL is \$30,995. Traction control, heated mirrors, floor console and reverse sensors bring the sticker price to \$31,565.

The basic warranty is for three years or 36,000 miles.

Points & Plugs

Study to address aggressive driving

By Rick Stoff

The city of Milwaukee has received a grant of nearly half a million dollars from the federal government to begin an 18-month study of aggressive driving and means of reducing it.

"Aggressive driving is more than a traffic problem. It is a growing threat to public safety," said U.S. Secretary of Transportation Rodney E. Slater, in announcing a grant of \$476,525 to Milwaukee and its police department for the study. The city was one of 26 that competed for the grant, which will be matched by \$173,716 in local funds.

Slater said the study will provide information that can be used by law enforcement agencies across the U.S. to develop prevention strategies.

"For too many families, the consequences of just a single instant of aggressive driving are often tragic," said Ricardo Martinez, administrator of the National Highway Traffic Safety Administration.

Federal officials said the Milwaukee project will develop innovative enforcement strategies to reduce aggressive driving and develop and evaluate the effectiveness of public information and education programs to discourage it.

The program also will document the involvement of drugs and alcohol in aggressive driving and identify legislative, prosecution and judicial needs to address the problem.

The federal agencies said they soon will release a national survey of aggressive driving practices and next year will host a national summit on the issue. The summit will include law enforcement officers, prosecutors and representatives of judicial bodies to develop "a workable definition of aggressive driving, guidelines for law enforcement and the judiciary for charging and sentencing, and materials to increase awareness of the issue."

The study likely will be followed with great interest by law enforcement agencies and some motorists.

There is no doubt there is a lot of aggressive driving going on locally, as drivers weave rudely through traffic, squeeze into lines without signaling, pass on shoulders, violate others' rights of way, blind oncoming drivers with high-beam headlights and generally force every one else to take evasive actions.

The perceived scope of the problem could grow as levels of traffic congestion found on the East and West coasts become more prevalent in the middle of the country.

Might the Milwaukee project also determine the people responsible for aggressive driving either don't know how badly they are driving, or do know and just don't care, because there are never any consequences for their misbehaviors? There are a lot of traffic laws on the books, and most are not enforced.

How many people do you know who have received speeding tickets? When was the last time you heard of anyone getting a ticket for anything BUT speeding?

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